

NORWAY



Sail on a yacht through the Arctic fjords of Norway, snorkel among orcas, and watch the auroras. A unique adventure with an expert guide, onboard accommodation, and meals included. Discover marine wildlife and icy landscapes on an unforgettable journey.

View Web Program

https://b4experience.com/freedive-with-orcas-and-whales



RECOMMENDED MONTHS

OCTOBER, NOVEMBER



PRICE

From 4.150€ /person

Group discounts



Highlights

- NORTHERN LIGHTS WATCHING ON THE OPEN SEA.
- SNORKELING WITH WILD ORCAS.
- SAIL AMONG ISLANDS AND FJORDS.
- EXPERT GUIDE IN CETACEANS AND COLD-WATER DIVING.

Private groups

100% customizable

From (People)	Category	Availability	N° days	Price per pers.				
➤ No private group options available, only open groups								

Travel only with your family or friends.

^{*}Confirm availability at info@b4experience.com / +34 613 03 77 00 / www.b4experience.com

Open groups

Share the experience with other travelers

Program	Dates	N° days	Seats available	Starting point	Price
FREEDIVE WITH ORCAS AND WHALES	03 Nov 2025	6	0	Tromsø	4.150€
FREEDIVE WITH ORCAS AND WHALES	10 Nov 2025	6	4	Tromsø	4.150€
FREEDIVE WITH ORCAS AND WHALES	01 Dec 2025	6	7	Tromsø	4.150€
FREEDIVE WITH ORCAS AND WHALES	12 Jan 2026	7	7	Tromsø	4.150€

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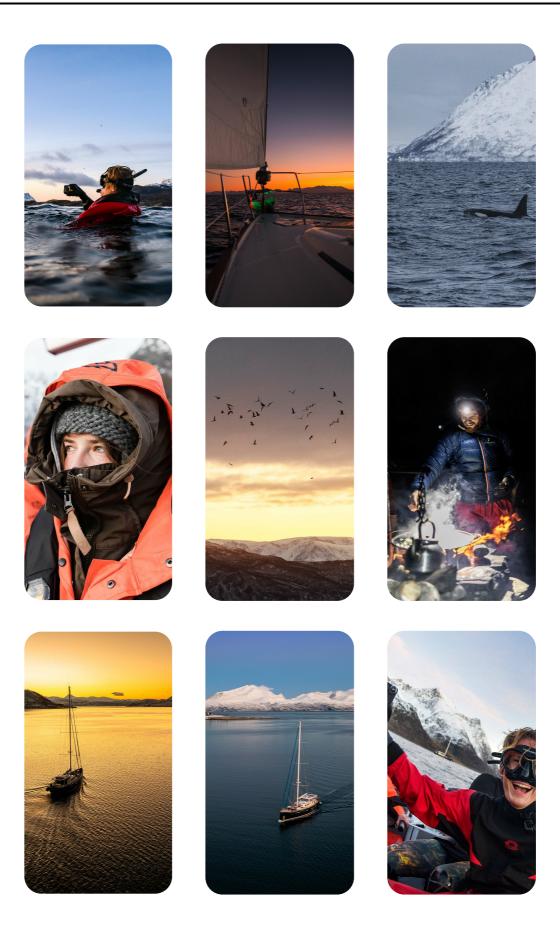


Included

- Experienced skipper with local knowledge on board.
- Experienced freediving instructor on board.
- Accommodation on board throughout the trip.
- Comfort package with sheets, duvets, and pillows.
- All meals on board.
- Sustainable, eco-friendly, and unique vacations.
- All boat expenses such as diesel, gasoline, dock fees, etc.
- Use of onboard equipment: kayaks, dinghy, fishing gear, etc.
- Personal safety equipment (Helly Hansen inflatable life vest).
- Technical advice and material.

Not Included

- Round-trip plane ticket to Norway (we can arrange it).
- Alcoholic beverages (you can each bring your own without problem).
- All personal expenses.
- Tips (optional).
- Travel/cancellation insurance: optional (we can arrange it).
- Anything not described in the "INCLUDED" section.



Itinerary

DAY 1: WELCOME ABOARD

We will meet at the Tromsø harbor pier at 16:00 to board and get familiar with the sailboat. We will review the facilities, safety routines, and the navigation program for the week. Once ready, we will set course towards Grøtsundet, cross the Lyngen fjord, and approach Skjervøy. We will anchor north of Tromsø, taking advantage of the early evening hours to hopefully witness a small northern lights display welcoming us to this Arctic adventure.

Accommodation: Sailboat

Meals: Dinner

DAY 2: FULL DAY SAILING TOWARDS KVAENANGEN

After a restful night, we will enjoy a relaxed breakfast before putting on sailing gear and receiving a practical lesson in maneuvers as we sail around the Lyngen Peninsula. During the journey, we will practice sailing techniques through the Norwegian fjords. At midday, we will have lunch on board and, at sunset, head to an anchorage or nearby port near Kvænangen. If weather permits, we will take advantage of the evening to light a bonfire on the beach and enjoy the natural surroundings.

Alojamiento: Velero

Comida: desayuno + almuerzo + cena

DAY 3: WHALE WATCHING AND SWIMMING IN THE ARCTIC SEA

We start the day with an early breakfast to take advantage of the daylight hours searching for herring, which attract orcas and humpback whales to these fjords. We will sail through areas rich in herring schools, where it will be more likely to see whales surfacing and spotting their breaths on the horizon. When night falls, we will sail to the island of Spildra, where we can relax in the local sauna or share a warm gathering at the pub with the few permanent residents.

Accommodation: Sailboat

Meals: breakfast + lunch + dinner

DÍA 4: AVENTURA DE AVISTAMIENTO DE BALLENAS

The day will be dedicated to further exploring areas with higher concentrations of herring to quietly and respectfully approach orcas and humpback whales. The sailboat will allow for a discreet approach, ideal for high-resolution marine wildlife photography. In the afternoon, we will look for a quiet fjord or a small harbor where, as night falls, we can watch the Northern Lights illuminating the Arctic sky with their characteristic green glow.

Accommodation: Sailboat

Meals: breakfast + lunch + dinner

DAY 5: WILDLIFE EXPLORATION

We will continue searching for whales at the most famous spotting points, and it's possible we'll also see seals, seabirds, or even the white-tailed eagle. In the afternoon, we can take a short hike on the nearby islands to explore the Arctic tundra and enjoy snowy mountain landscapes. At dusk, we will anchor our sailboat in a natural shelter, giving us another chance to admire the Northern Lights from the deck or the shore.

Accommodation: Sailboat

Meals: breakfast + lunch + dinner

DAY 6: RETURN TO TROMSØ AND END OF THE WEEK

On our last full day of whale watching, we will dedicate the early daylight hours to maximizing encounters with orcas and humpback whales. You'll be able to keep capturing unique images with your camera as we sail among fjords and snow-covered mountains. In the afternoon, we'll return to Tromsø; if weather permits, we'll light a bonfire on the beach to share experiences and, once again, try to witness the spectacular northern lights show that crowns this expedition.

Accommodation: Sailboat

Meals: breakfast + lunch + dinner

DAY 7: FAREWELL IN TROMSØ

We will enjoy a final breakfast on board before cleaning up, packing your luggage, and disembarking at Tromsø harbor at 10:00. We recommend taking the opportunity to visit one of the cozy cafés in town and savor local specialties while reminiscing about the incredible experience of whale watching, snorkeling with orcas, and the magical Northern Lights aboard a sailing yacht through the Norwegian fjords. Thank you for joining us on this unforgettable Arctic adventure!

Accommodation: Sailing boat

Meals: breakfast

Payment and cancellation policy

Initial Deposit: To secure your spot, a deposit of €600 is required at the time of booking.

Final Payment: The remaining balance must be paid no later than 60 days before the departure date.

Extras: Additional trip costs such as insurance, flights, or other optional services must be paid in full at the time of booking.

Cancellation Insurance: The client may purchase trip cancellation insurance to recover the full amount paid (subject to the insurance conditions).

The end user may cancel the booked trip, having the right to a refund of amounts paid, except for the indicated penalties, but must also pay the Agency the amounts specified below once the trip is confirmed. If the trip does not take place due to not reaching the minimum required participants, the client may keep the credit for future trips or request a full refund of the booking.

SPECIAL Cancellation Policy:

FULL REFUND WITHIN 24 HOURS AFTER PURCHASE

- More than 60 days before the trip: the deposit is retained, and the rest of the amount is refunded.
- Between 59 and 30 days before the trip: 50% of the total amount is retained, and 50% refunded.
- Less than 30 days before the trip: no refund of the amount paid.

*Cancellation fees for already issued bookings will not be refunded. If there are other non-refundable costs already issued, these will not be refunded and will be deducted from the amount to be paid.

*The cancellation cost of issued flights is 100% of the amount.

^{*}Management fees of €150 apply.

Packing List

Freediving Equipment:

- If you have long hair, it is recommended to wear a silicone swim cap. This makes it easier to get into the suit.
- For men with a mustache: shave the upper part of the mustache or apply vaseline. This helps the mask seal properly and prevents water from entering.
- Swimsuit, Crocs/slippers, preferably a bit larger than usual.
- A windproof poncho or garment for changing (dry suits do not insulate well on land).
- Freediving gear, if you want to bring your own equipment: suit, gloves, socks, mask, snorkel, weight belt, fins, buoy, and rope.

Sailing Equipment:

 Rubber boots and waterproof jacket are recommended. Other recommended/necessary items for these trips, besides travel gear:

- Backpack (20 to 35 liters) with straps for carrying skis.
- Socks.
- Mountain ski pants.
- Thermal shirt (base layer).
- Fleece or similar (mid layer).
- Gore-Tex jacket and pants (outer layer).
- Lightweight primaloft or down jacket.
- Neck gaiter.
- Thin fleece gloves and thick gloves.
- Warm hat and sun cap.
- Sunglasses and wind goggles.
- Headlamp.
- Water bottle or thermos, minimum 1 liter. If you choose a Camelbak-style bag, be aware that the tube may freeze, so it's advisable to bring an auxiliary bottle.
- Sunscreen and lip protection.
- Snacks (bars, gels, nuts...) for mountain outings.
- Optional: spare batteries, camera, power bank, first aid kit.

Boats have USB outlets for charging phones and cameras while sailing, and "EU" 220 V outlets are available for your charger when moored at a grounded dock.

FAQs

Where does the journey start and end?

Boarding takes place in Tromsø at 16:00 on the first day, where you will meet the team and receive the safety briefing. Disembarkation concludes in Tromsø before 10:00 on the last day, leaving you time for breakfast in the city.

What is the accommodation like during the voyage?

You will sleep in shared double cabins (bunk beds or double beds) with warm and comfortable bedding. The sailboat has heating, but the space is intimate, so communal living and efficient use of water on board are encouraged.

What should I bring for the trip?

You will need layered warm clothing (waterproof and windproof), high rubber boots for landings, comfortable indoor shoes, and a swimsuit for swimming. Before departure, you will receive a detailed packing list with specific recommendations.

Are meals included in the price of the trip?

Yes, all food on board during the week is included. The menu is varied, healthy, and suitable for sailors; you can also inform about allergies or dietary preferences in the registration form.

What activities are carried out on board?

You will participate in sailing maneuvers (steering, raising sails, maintenance), zodiac outings to look for whales and auroras, cod fishing, morning swims, and, weather permitting, short walks on land to explore small islands.

Is prior sailing experience necessary?

No requieres experiencia. El equipo de SeilNorge te enseñará maniobras básicas y protocolos de seguridad. Si eres principiante, recibirás formación en cada paso; si tienes experiencia, podrás asumir más responsabilidades a bordo

How is the visibility of the northern lights and whale watching?

La temporada invernal en Tromsø ofrece noches largas y cielos oscuros, ideales para avistar auroras. Las ballenas y orcas suelen seguir los bancos de arenque en fiordos cercanos; el itinerario se adapta según el pronóstico y la localización de las concentraciones de peces.

What level of physical demand does this trip require?

El viaje no es extremadamente extenuante, pero sí activo: rotarás turnos de vela, maniobras y limpieza. Además, se alienta a mantenerse en movimiento para evitar el mareo. Algunos desembarcos y actividades en zodiac exigen buena movilidad y algo de resistencia física.

What is the social life and living together like on board?

Life on a sailboat is very social: you'll share navigation, cooking, and cleaning duties with the rest of the group. Active participation is encouraged, which quickly builds bonds among travelers. The atmosphere is intimate but after a few hours, good camaraderie develops.

What happens if the program changes due to bad weather?

The itinerary is flexible and adapts to weather and safety conditions. The captain may change routes, schedules, or landing sites depending on sea conditions and visibility. In case of changes, safety is always the priority, and the aim is to provide the best possible experience.

Is this trip suitable for families with children?

Yes. The program is designed for parents and children to enjoy sailing, whale watching, and auroras together. Children aged 8 and older (check with the organization) can participate in onboard activities under crew supervision and share a unique experience at sea in a safe and educational environment.

Who is responsible for preparing meals and participating in cooking onboard?

All travelers are part of the crew, so you take turns cooking in the ship's kitchen ("galley"). The skippers and crew will guide and assist you at every step of the process.

What happens if I have allergies, dietary preferences, or want to share something typical from my region?

When registering, please inform us of your allergies or preferences so we can adjust the provisions. Also, you are welcome to bring special foods or drinks from your country or region to share with everyone during the trip.

Will I get seasick during the voyage and what can I do about it?

It cannot be known for sure: some people never get seasick, while others get seasick even at the dock. If you think you might get seasick, bring medications or preventive remedies that work for you. Keep in mind that some medications cause drowsiness and can interact with alcohol or your regular treatments, so consult your doctor.

Can I bring a hard suitcase?

Better not. Space onboard is very limited and large suitcases take up too much room. We recommend using a backpack or duffel bag that fits in the small closet of your cabin; this way you avoid having your luggage spread out in the salon throughout the trip.

What does the FREEDIVE WITH ORCAS AND WHALES trip consist of?

It is a seven-day sailing journey from Tromsø, combining Arctic navigation with whale and orca watching. Additionally, you will have the opportunity to snorkel in cold waters alongside these cetaceans under the supervision of a freediving instructor and a marine mammal expert.

What snorkel and freediving equipment is provided on board?

Dry suits, short fins, masks, snorkels, and some SUP boards are included. If you have your own freediving equipment, you can bring it; however, the observation is usually done at the surface to maximize safety and connection with the animals.

Do I need prior experience in diving or sailing to participate?

It's not necessary. Anyone can join, as the crew will teach you basic sailing maneuvers and cold-water snorkel techniques. Both beginners and experienced sailors will find suitable challenges and constant support throughout the voyage.

What is a typical day like during this expedition?

The days vary depending on the search for herring schools and the presence of cetaceans: you'll sail at dawn, look for orcas and whales during daylight hours, snorkel when conditions allow, and at night, you might watch the auroras in a secluded bay or by a beach bonfire.

Is it safe to snorkel alongside orcas in Arctic waters?

Yes. You have a professional freediving instructor and a guide specialized in cetacean behavior who plan each outing based on currents, visibility, and animal presence. Additionally, the sailboat is equipped with a RIB boat to support each dive and perform rescues if necessary.



Contact us!

info@b4experience.com www.b4experience.com +34 613 03 77 00

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