

MOUNTAINEERING

CLIMB EVEREST 8,849M *– EXPEDITION*

Includes preparation and training for Everest.
Available via various routes.



B4Experience

NEPAL



Everest Expedition (8,848 m), the roof of the world. Designed by Jordi Tosas and our expert team: training, pre-ascent analysis and full logistics to boost your chances and safety. Live every alpinist's dream. Book your spot. Your summit starts here!

[View Web Program](#)

<https://b4experience.com/climb-everest-8849m-expedition>



RECOMMENDED MONTHS

APRIL, MAY, SEPTEMBER



PRICE

Check

Group discounts





Highlights

- CLIMB THE TOP OF THE WORLD
- PREPARATION AND TRAINING CAMPUS
- COMMERCIAL OR NON-COMMERCIAL ROUTE
- PERSONAL TRAINING PLAN AND ADVICE

Private groups

100% customizable

From (People)	Category	Availability	N° days	Price per pers.
1	Standard	15 Apr 2026 - 15 May 2026	56	Check
1	Standard	15 Sep 2026 - 15 Oct 2026	56	Check

Travel only with your family or friends.

*Confirm availability at info@b4experience.com / +34 613 03 77 00 / www.b4experience.com

Open groups

Share the experience with other travelers

Program	Dates	Nº days	Seats available	Starting point	Price
✕ No open group events available, only private groups					

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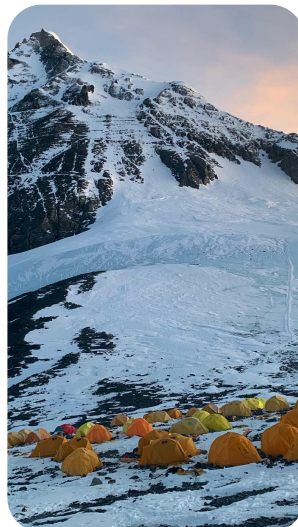
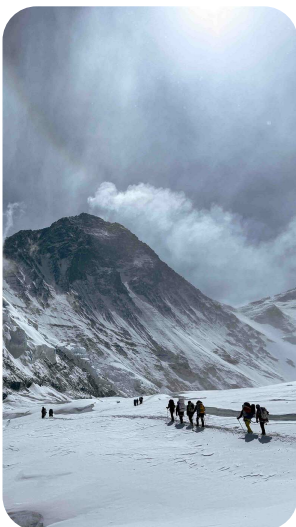
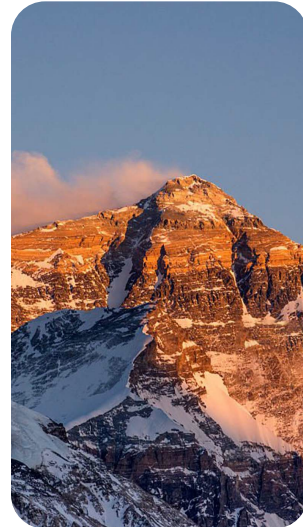
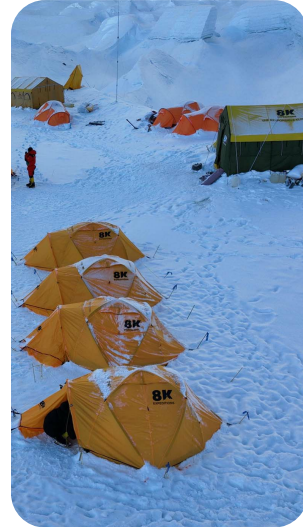
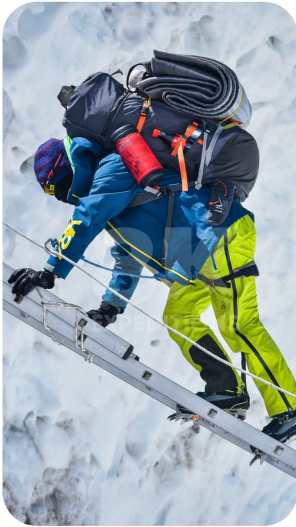


Included

- Experienced UIAGM Mountain Guide for the coordination of the entire expedition and all preliminary activities (Jordi Tosas)
- Training Camp
- Personal training program with weekly monitoring (we will follow up weekly on your training and monthly on all your activities)
- Pick-up and return services for national and international flights according to the itinerary
- 5 nights in a 4-star hotel in Kathmandu on a bed and breakfast basis: 3 nights before and 2 nights after the expedition
- Welcome dinner at a traditional Nepali restaurant in Kathmandu
- Round-trip domestic flight (KTM - Lukla - KTM) via Ramechap with airport tax included
- National ground and air transportation and cargo for the entire expedition crew
- Climbing permit and all necessary fees to climb Mount Everest
- Khumbu Icefall fee
- Route fixing fee to the summit
- Waste management and removal fee
- Government liaison officer with daily salary, equipment, food, insurance, and round-trip airfare
- Freshly prepared meals (breakfast, lunch, and dinner): continental, Nepali, Indian, and Chinese food with hot drinks, tea, and coffee. Fresh vegetables, meat, fruits, juices, and beverages will be regularly served at Base Camp. We use helicopters to bring them in regularly.
- 1 professional climbing Sherpa per climber for the Everest summit, including equipment allowance, daily salary, and summit bonus
- Experienced Base Camp sirdar, camp manager, cook, Camp 2 cook, and kitchen assistants
- Required porters to and from Base Camp. Maximum 60 kg per member as personal luggage
- High-altitude, medical, and helicopter rescue insurance for climbing Sherpa, cook, and all Nepali staff involved
- Each member is provided with an individual tent (Kailas / Box Tent), mattress, and pillow at Base Camp
- Common equipment at Everest Base Camp: dining tent, kitchen tent, communication tent, shower tent, toilet tent, tables and chairs, heater, etc.
- High-altitude camp services for C1-C4: high tents, shovel, EPI gas, gas burner (MSR Reactor), high-altitude food, etc.
- Common equipment at C2: dining tent, kitchen tent, toilet tent, member tents (2 people per tent)
- Walkie-talkies for communication from Base Camp to the mountain and vice versa
- Wi-Fi access is available for all climbers at Base Camp (for a nominal fee)
- Satellite phone available for emergency use at \$3 per minute
- HRA medical camp provides emergency medical services for a fixed fee
- Daily weather forecast during the entire expedition
- Oxygen (4L): 6 bottles assigned per member and 3 bottles per climbing Sherpa
- Summit mask and regulator set for each member and climbing Sherpa
- Extra oxygen bottles and regulator sets available at Base Camp (charged according to use)
- In case of emergency, backup climbing Sherpas and helicopter on standby
- First aid kit
- Farewell dinner at a traditional Nepali restaurant in Kathmandu
- Government taxes and company service fees
- Official Everest Summit Certificate after successful summit.

Not Included

- International flight tickets (we can assist with booking)
- Nepal entry visa fee
- Bank transfer fees (if applicable)
- Lunch and dinner during your stay in Kathmandu
- Personal travel insurance and high-altitude insurance (accident, medical, and emergency evacuation) (we can assist with booking)
- Personal trekking and climbing gear
- Personal expenses: phone calls, internet, battery charging, laundry, alcoholic beverages, bottled and canned drinks, specialty coffee or espresso, etc. during the lodge stays on the way to and from Base Camp
- Drone and special filming permit
- Summit bonus for climbing Sherpa: USD \$1,800.00
- Tips for Base Camp and Camp II cook and kitchen staff: USD \$400
- Anything not included in the “INCLUDED” section.



Itinerary

Step 1 : First analysis & test

We conduct an in-depth interview to assess your technical and physical level and to tailor the best strategy according to your budget and availability. These skills will be validated with a short activity of 1 or 2 days in the Alps or the Pyrenees.

Step 2 : Training Camp

We will carry out a 3-day specific training camp to learn all the technical skills required to climb an 8000 m peak. This includes crevasse crossing, fixed rope climbing, using crampons and ice axe on icy terrain, managing clothing and footwear in extremely low temperatures, and high-altitude camping.

Step 3 : Defining the strategy

Together, and based on a thorough assessment of your abilities after the training camp, we will design a personalized training plan including challenges and ascents to ensure you arrive at the expedition with the best possible preparation. We will conduct weekly follow-ups on your training and monthly reviews of all your activities. If we believe you do not yet meet the minimum level to safely attempt the expedition, we will recommend preliminary activities to improve your physical, technical, and mental readiness to face an 8000-meter peak.

DAY 1 : Arrival in Kathmandu

Arrival in Kathmandu. Transfer to the hotel. Free afternoon: we can visit the Swayambhu Stupa (Monkey Temple), get lost in the streets of Thamel, or enjoy our first Dal Bhat (the most traditional dish in Nepalese cuisine).

Accommodation: 4-star hotel

Meal: Dinner

DAY 2 : Shopping & Official formalities in Kathmandu

Free day in Kathmandu to complete permit procedures and make any last-minute purchases for the expedition.

Accommodation: 4-star hotel

Meal: Breakfast

DAY 3 : Flight to Lukla - start trek to BC

Early in the morning, transfer to Ramechap airport (4-hour drive) to take the flight to Lukla. The flight to Lukla is an experience in itself. The airstrip is on a slope, with a 60-meter elevation difference between both ends of the runway. Trek to Phakding through stunning green landscapes with views of Kusum.

Accommodation: Tea house

Meals: Breakfast + Lunch + Dinner

DAY 4-5 : Trek to Tilje (2,300m) + Acclimatization

We follow the Dudh Koshi, ascending through Himalayan pine and cedar forests, to the famous village of Namche Bazaar. Namche is a historic trading post where Nepali and Tibetan merchants have exchanged salt, dried meat, and textiles for generations. In addition to being a great place to shop for traditional crafts, it remains the main commercial hub in the Khumbu, attracting traders from both the mountains and the lowlands. You'll spend two days in Namche to acclimatize, visit local markets, and bond with your team.

Accommodation: Tea house

Meals: Breakfast + Lunch + Dinner

DAY 6 : Trekking to Tengboche

The path, gentle and easy, leads us toward views of Mount Everest, descending deeply into the Dudh Koshi Valley at Pungki Thanka. From this point, we ascend along the right flank of the valley to reach the Tengboche Monastery (3,860 m), the spiritual center of the Khumbu. The climb is long but well rewarded with magnificent views of Mount Ama Dablam and, on a clear day, Everest and its surrounding peaks.

Accommodation: Tea house

Meals: Breakfast + Lunch + Dinner

DAY 7-8 : Trek to Dingboche + Acclimatization

Descent through a beautiful forest, crossing the Imja Khola, and walking past the village of Pangboche (3,900 m); today may be one of the most interesting trekking days as you won't lose altitude like on previous days and will enjoy stunning views of Mount Ama Dablam, Mount Lhotse, and other peaks. The trail continues through alpine meadows to Dingboche, known as the "summer valley."

This will be your second acclimatization day, requiring approximately 6 hours of hiking at an altitude of 5,100 m. After breakfast, you will ascend to Nagerjun (5,100 m).

Accommodation: Tea house

Meals: Breakfast + Lunch + Dinner

DAY 9 : Trek to Lobuche

We walk through a broad valley to Dughla, passing the trekkers' aid post in Pheriche (4,240 m). This clinic is run by volunteer Western doctors and supported by the Himalayan Rescue Association, offering treatment and consultations to trekkers. We continue gaining elevation through the valley before leaving it to descend slightly into the yak pastures of Lobuche.

Accommodation: Tea house

Meals: Breakfast + Lunch + Dinner

DAY 10 : Trek to Everest Base Camp

After a short climb through alpine meadows, you'll come into view of the Khumbu Glacier. Directly ahead lies Kalapattar, the best vantage point to admire the entire south face of Mount Everest and its surrounding peaks. After a couple of hours, we'll reach Gorakshep and continue trekking toward Everest Base Camp. While there isn't much elevation gain, the constant ups and downs combined with the altitude can make it a tiring hike. Still, the journey is well worth it. After about 3 hours of trekking, you'll arrive at Base Camp and enjoy stunning views of the Khumbu Glacier and Icefall.

Accommodation: Tea house

Meals: Breakfast + Lunch + Dinner

DAY 11-16 : Everest Base Camp Preparation

At base camp, we acclimatize to the altitude and prepare for the upper camps. We also take part in a traditional puja ceremony, seeking blessings and safety before the ascent, as Mount Everest—locally known as Chomolungma—is revered as the “Mother Goddess of the World.”

Training at base camp includes ladder practice, fixed-rope walking, diagonal ascents and descents, traverse techniques, duck walking, flat walking, and the use of essential gear such as oxygen cylinders, ice axes, crampons, and walkie-talkies, always following strict safety instructions.

Accommodation: Tent

Meals: Breakfast + Lunch + Dinner

DAY 17 - 48 : Climbing period of Everest (8,849m)

The party starts now! We will carry out several ascents and descents to the high-altitude camps to properly acclimatize. Once all the camps are set up, we are well acclimatized, and a good weather window opens, we will begin the summit push.

Accommodation: Tent

Meals: Breakfast + Lunch + Dinner

DAY 48 : Trek to Namche

Easy walk along the Imja Khola, a short climb to Tengboche, descent through Pungki Thangka and then a final ascent to Kyangjuma, followed by an easier trail to Namche.

Accommodation: Teahouse

Meals: Breakfast + Lunch + Dinner

DAY 49 : Hike to Lukla

The trek continues along the Dudh Kosi River to the small mountain airstrip in Lukla, where you will take your return flight to Kathmandu.

Accommodation: Teahouse

Meals: Breakfast + Lunch + Dinner

DAY 50 : Fly Back to Kathmandu

Amazing 30-minute scenic flight back and arrival in Kathmandu.

Accommodation: 4-star hotel

Meals: Breakfast

DAY 51 : Final Departure

Accommodation: 4-star hotel

Meals: Breakfast

DAY 52-56 : Extra days

Extra days in case of bad weather, etc. (Contingency)

Accommodation: 4-star hotel

Meals: Breakfast

Extra Services :

All our tours to Nepal can be extended and customized. These are the most popular additional services:

- **Everest morning flight:** Approximately 1-hour scenic flight to see/touch Mount Everest (we fly just 8 km from the summit). Includes round-trip transfer from your hotel. (Departure at 5:15 a.m. and return in time for breakfast)
- **KTM Cultural Tour 1:** Full-day tour visiting 3 UNESCO World Heritage Sites: Pashupatinath Temple + Boudhanath Stupa + Bhaktapur City. (Cultural guide included —English, Spanish speaking, etc.—. Extra hotel night and meals not included)
- **KTM Cultural Tour 2:** Full-day tour visiting 3 UNESCO World Heritage Sites: Patan City + Kathmandu Durbar Square + Swoyambhu Nath Stupa. (Cultural guide included —English, Spanish speaking, etc.—. Extra hotel night and meals not included)
- **Extra night:** One additional night in KTM (includes breakfast in shared or private room)

You can book additional services when reserving your trip or later.

Payment and cancellation policy

Initial booking: To secure your place, an initial payment of 30% of the total trip cost is required at the time of booking.

Final payment: The remaining amount (70%) must be paid no later than 120 days before the departure date.

Extras: Additional travel costs, such as insurance, flights, or optional services, must be paid in full at the time of booking.

Cancellation insurance: Clients may purchase travel cancellation insurance to recover the full amount paid (according to its terms).

The traveler may cancel the booked trip and is entitled to a refund of the amount paid, minus applicable penalties. The traveler must also pay the agency the amounts indicated below once the trip is confirmed. If the trip is canceled due to not reaching the minimum number of participants, the client may keep the credit for future trips or request a full refund of the deposit.

Cancellation Policy 5:

- • Full refund within 24h of purchase
- • Up to 120 days before the trip: 100% refund
- • Up to 90 days before the trip: 50% refund
- • Less than 90 days before the trip: no refund

*A management fee of €350 applies

*No refund will be made for issued reservations already cancelled

*Any other non-refundable costs already incurred will not be refunded and will be deducted from the amount to be reimbursed

*Issued flights are 100% non-refundable

Equipment list

We will go over all the gear together and in detail well before the expedition.

FAQs

How is our expedition different from an agency that only sells logistics?

Before aiming for the summit, we assess your level, design a personalized training and preparation plan, and carry it out with a technical camp and weekly follow-up. In addition, our director Jordi Tosas (30 years of experience in the Himalayas) leads the strategy and the guiding team to maximize safety and success, avoiding the “mere middleman” approach that only hires local services.

What experience and physical condition do I need, and how do you assess them?

Everest requires having summited at least one technical 6,000-meter peak and being in excellent physical shape. We verify both aspects through a detailed interview and a 1–2 day practical assessment in the Pyrenees or Alps; if the level is not sufficient, we propose additional climbs and training before giving you the green light.

How long does the expedition last and what are its main phases?

The full program we offer covers 51 days in Nepal, with several contingency days added (up to 56 days in total) to ensure a good weather window: approach trek to Base Camp, progressive acclimatization rotations, summit attempt and descent, followed by return to Kathmandu and extra days in case the weather requires schedule adjustments.

What ascent route is followed, and are there alternatives?

The standard route is via the South Col through the Khumbu Glacier, but we are also qualified to guide you via the North Face or even less frequented routes if your experience and the conditions allow, always under strict safety and acceptable risk criteria.

What is the best time to attempt the summit?

We focus on the April–May window, when winds are calmer, days are more stable, and temperatures are relatively mild before the monsoon, increasing the chances of success and reducing exposure to storms.

What will be the guide-to-client ratio and the support I'll have at high altitude?

We work with one summit sherpa per client, coordinated by the head guide from Base Camp and supported by sirdars, cooks, and support staff at C2. This ensures continuous supervision and rapid response to any incident.

How is the final cost of the full preparation and ascent program determined?

Everest is a tailor-made project: the price depends on the number of sherpas, chosen routes, previous ascents, type of accommodation, and the length of your training plan. That's why, before quoting, we schedule a call with you to review your background and goals —the strategy may span several years— and after that conversation, we send you a detailed and fully personalized quote.



Contact us!

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[View web Program](#)

