

TREKKING

TORRES DEL PAINE: O CIRCUIT

11-day full trek through the wildest Chilean
Patagonia



B4Experience

CHILE



Hike the 130 km of the most complete and demanding circuit in Torres del Paine National Park, discovering glaciers, forests, valleys, and the iconic granite towers.

[View Web Program](#)

<https://b4experience.com/torres-del-paine-o-circuit>



RECOMMENDED MONTHS

JANUARY, FEBRUARY, MARCH, APRIL, NOVEMBER,
DECEMBER



PRICE

From 2.520€ /person

Group discounts

Trekking

info@b4experience.com / +34 613 03 77 00





Highlights

- FULL 130 KM TREK OF THE COMPLETE O CIRCUIT
- CROSSING THE JOHN GARNER PASS WITH VIEWS OF THE SOUTHERN ICE FIELD
- OVERNIGHT IN REMOTE SECTORS LIKE DICKSON AND LOS PERROS
- EPIC FINISH AT THE ICONIC BASE TORRES VIEWPOINT

Private groups

100% customizable

From (People)	Category	Availability	N° days	Price per pers.
2	Refugio	01 Nov 2025 - 30 Apr 2026	11	3.220€
2	Camping	01 Nov 2025 - 30 Apr 2026	11	2.520€
1	Refugio	01 Nov 2025 - 30 Apr 2026	11	3.170€
1	Camping	01 Nov 2025 - 30 Apr 2026	11	4.620€

Travel only with your family or friends.

*Confirm availability at info@b4experience.com / +34 613 03 77 00 / www.b4experience.com

Open groups

Share the experience with other travelers

Program	Dates	Nº days	Seats available	Starting point	Price
✕ No open group events available, only private groups					

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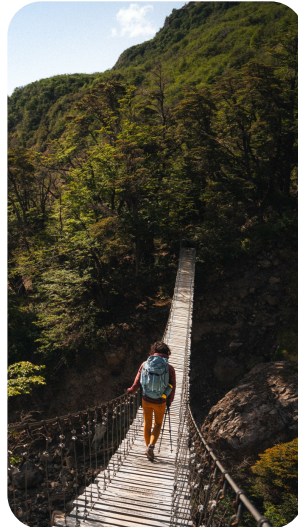


Included

- 10 nights of accommodation (in shelters or camping depending on the option chosen):
 - Camping option includes: Pitched tents equipped with sleeping bags and mats, bathrooms with hot showers (except in the Perros sector).
 - Refuge option includes: Mountain tent (Serón and Perros sectors) and comfortable bed in a shared room (6 to 8 beds) in the Dickson, Grey, Paine Grande, Francés/Cuernos, and Central sectors. Sleeping bag and bathrooms with hot showers provided (except in Perros).
- Welcome kit (with bottle, liner, and towel)
- Meals specified in the itinerary: 10 breakfasts, 8 box lunches, and 7 dinners
- Entrance to Torres del Paine National Park
- Shared transportation to and from Puerto Natales
- Pre-trip coordination and advice.

Not Included

- Domestic/international flights (we can arrange these)
- Meals not specified in the program
- Personal trekking equipment
- Travel and cancellation insurance (we can arrange this)
- Activities not specified in the program
- Tips or personal expenses
- Anything not described in the "INCLUDED" section.



Itinerary

DAY 1: WELCOME TO PUERTO NATALES

Located on the shores of the majestic Señoret Channel, Puerto Natales is much more than a picturesque Patagonian town: it is the essential starting point for exploring the world-famous Torres del Paine National Park. Upon arrival, a shared transfer will take you to your hotel. Before your adventure in Torres del Paine begins, you will receive an email with technical information and tips so that you can best prepare for your trip.

Includes:

- Shared transfer from Puerto Natales Airport to the hotel (approximately 15 minutes)
- 1 night's accommodation in Puerto Natales

Does not include: Dinner.

DAY 2: PUERTO NATALES TO TORRES DEL PAINE & TREKKING TO CAMP SERÓN

Today you will take a transfer to the Puerto Natales bus station to connect with the 7:00 a.m. bus to Torres del Paine National Park. Once you arrive, you will walk through the Enchanted Valley and a native forest of old lenga trees to reach the Serón Sector. If you pay attention to the trees, you will see that they are covered with a special lichen, known as "old man's beard," which only grows in the purest environments. While listening to the birds singing, you can enjoy unique views of the Paine Massif.

Distance 4–6 hours / 8 miles

Difficulty Moderate

Ascent/descent 130 meters.

Includes:

- Shared transfer from the hotel in Puerto Natales to the bus terminal (5 minutes)
- Shared bus from the Puerto Natales terminal to Torres del Paine National Park (2.5 hours)
- Entrance to Torres del Paine National Park
- Box lunch and dinner
- 1 night in the Serón Sector.

DAY 3: TREKKING TO THE DICKSON SECTOR

This long but unforgettable day will allow you to climb up and down the slopes of the Paine Massif. Everything you see will be wonderful, making your journey easier. Nature has a special way of rewarding your efforts. Just after the steepest climb, when you see the valley, you will think you are in a dream. The campsite will seem surreal: it seems unthinkable to see tents and a shelter in a wide green area next to a huge lake and at the foot of imposing mountains. Fluffy clouds are the finishing touch to this scene that seems too good to be true. You will feel full of energy to descend to the shore of Lake Paine. Depending on the weather, you will be able to see the northeast summit of the Paine Massif.

Distance 8–10 hours 19.5 km

Difficulty High

Ascent/descent 200 meters

Includes:

- Self-guided trekking
- Breakfast, box lunch, and dinner
- 1 night in the Dickson Sector.

DAY 4: TREKKING TO THE LOS PERROS SECTOR

With a shorter day of hiking ahead, take advantage of your stunning location. Wake up early and enjoy the tranquility near the river as you gaze at the imposing mountains and the clouds that pass by, hiding and revealing the snow-capped peaks. As you take it all in, say goodbye to the serene landscape and the hanging glacier. The next stage of your journey will be entering a lenga forest. The trees will protect you from the elements, and you will hear the sounds of the forest, including the drumming of Magellanic woodpeckers. The last stretch surprises you with the Los Perros Glacier, which sits above a calm, gray lagoon.

Distance 4.5–6.5 hours / 13.5 km

Difficulty: High

Ascent/descent: 340 meters

Includes:

- Self-guided trekking
- Breakfast, box lunch, and dinner
- 1 night at Camp Los Perros.

DAY 5: TREKKING TO THE GREY GLACIER

Today you will remember why hard work is worth it. Possibly the most difficult day of the trip, it will also be one of the most spectacular. Leave Los Perros campsite early and zigzag across the swampy forest floor until you leave the tree line behind. The upper half of the mountain is a steep, rocky, snowy climb to the winding John Garner Pass. Once you arrive, you will be able to see the Southern Ice Field with countless jagged peaks and colorful glacier crevasses. While this is enough to brighten your day, on the way downhill, a view of the glacier that looks like something from another planet awaits you.

Distance 9–12 hours / 18 km

Difficulty High

Ascent/descent 600 meters

Includes:

- Self-guided trekking
- Breakfast, box lunch, and dinner
- 1 night in the Grey Sector.

DAY 6: TREKKING TO THE PAINE GRANDE SECTOR

This part of your adventure marks the beginning of the W Circuit, where you will explore the park's most famous attractions. After a few intense days, today will be more relaxed. You will walk along the mountainside and through forests of Antarctic beech (ñirre), coigües, and notros. This short and rewarding trek leaves you with a unique feeling due to the diversity of natural elements that flood your senses. Enjoy the dense forest and low branches, Magellanic woodpeckers, and views of Cerro Paine Grande, the highest peak in the region (3,050 m) and its hanging glaciers. When you arrive at the camp, you can rest and feel the sun on your face or walk along the shore of turquoise Lake Pehoé.

Distance: 4 hours / 11 km

Difficulty: Medium

Ascent/descent: 280 meters

Includes:

- Self-guided trekking
- Breakfast, box lunch, and dinner
- 1 night in the Paine Grande Sector.

DAY 7: TREKKING TO VALLE FRANCÉS

Start your morning perfectly with a light and magnificent trek to Camping Italiano. Your mind and body will align with the present moment, processing all the experiences you have had in the previous days. Surrounded by mountains, you will find peace of mind, and the sounds of the lake will fill you with energy amid the varied and abundant vegetation that will fill you with life. This experience will be perfectly complemented by the incomparable view from the Valle del Francés. At the viewpoint, you will be dazzled by one of the most impressive views of the entire circuit.

Distance 8–9 hours / 20.5 km

Difficulty High

Ascent/descent 712 meters

Includes:

- Self-guided trekking
- Breakfast, box lunch, and dinner
- 1 night in the Francés or Cuernos sector.

DAY 8: TREKKING TO CENTRAL SECTOR

Walk along the calm shore of Lake Nordenskjöld at the foot of the striking Mount Almirante Nieto and its hanging glaciers. The atmosphere of silence surrounding the enormous peaks above the turquoise lake will encourage you to slow down, take in the magnitude, and capture the view forever with a photograph. The lake is surrounded by geographical contrasts and is home to many birds, so keep an eye out for condors flying in this area. You will continue along the Arriero River, which provides many opportunities to stop, fill your water bottle, and enjoy the present moment. When you reach the highest viewpoint, you will be able to see the entire lake, from end to end, as well as the French Glacier on Cerro Paine Grande. In the evening, you can reward yourself with a cold beer for the trek you have completed.

Distance 4–5 hours / 14 km

Difficulty Medium

Ascent/descent 712 meters

Includes:

- Self-guided trekking
- Breakfast, box lunch, and dinner
- 1 night in the Central Sector.

DAY 9: TREKKING TO BASE TORRES

The day begins with an uphill hike through the Patagonian pampas. The trail starts to steepen as you enter the Ascencio Valley, until you reach Paso de Los Vientos, with its spectacular panoramic views of the surrounding landscapes and lakes. You will pass through the Chilean sector and through a native lenga forest before reaching the final stretch of your adventure. This part of the hike takes approximately one hour over rocky terrain. At the end of this route, you will encounter the most impressive view of the three iconic granite towers and their glacial lagoon. You will return along the same path to catch the bus in the afternoon and return to Puerto Natales, a unique, impressive, and unforgettable experience.

Distance 7–9 hours / 19.5 km

Difficulty High

Ascent/descent 750 meters

Includes:

- Self-guided trekking
- Breakfast, box lunch
- Shared bus from Torres del Paine to Puerto Natales
- Shared transfer from the Puerto Natales Bus Terminal to the hotel (arrival at approximately 10:00 p.m.)
- 1 night's accommodation in Puerto Natales.

Does not include: Dinner.

DAY 10: FREE DAY IN PUERTO NATALES

Enjoy a well-deserved day off to explore the charming town of Puerto Natales at your own pace. You can stroll along the picturesque Seno de Última Esperanza, visit the historic pier, or explore the local craft shops and independent breweries. This is the perfect opportunity to savor Patagonian cuisine and recharge your batteries after your adventure in Torres del Paine.

Includes:

- 1 night's accommodation in Puerto Natales

Does not include: Lunch and dinner.

DAY 11: RETURN

Today you will take a transfer to Puerto Natales to connect with your connecting flights or continue your journey.

Includes:

- Shared transfer from Puerto Natales airport to the hotel (15-minute transfer).

Payment and Cancellation Policy

Initial Deposit: To secure your place, an initial payment of 30% of fees is required at the time of booking.

Final Payment: The remaining amount must be paid no later than 90 days before the departure date.

Extras: Additional travel costs, such as insurance, flights, or other optional services, must be paid in full at the time of booking.

Cancellation Insurance: The customer may take out travel cancellation insurance in order to obtain a refund of the full amount paid (according to the terms and conditions).

The end user may cancel the trip, with the right to a refund of the amounts paid, except for the penalties indicated, but must also pay the Agency the amounts indicated below once the trip has been confirmed. If the trip does not take place because the minimum number of participants has not been reached, the customer may save the credit for future trips or request a full refund of the reservation.

SPECIAL cancellation policy:

FULL REFUND UP TO 24 HOURS AFTER PURCHASE

- More than 90 days before the trip: the amount paid will be refunded.
- Between 89 and 70 days before the trip: 20% of the total amount will be retained and the rest will be refunded.

Between 69 and 45 days before the trip: 50% of the total amount will be retained and the rest will be refunded.

- Less than 44 days before the trip: the amount paid will not be refunded.

A €250 administration fee will be charged.

No refunds will be given for cancellations of reservations that have already been issued. If there are other non-refundable expenses that have already been incurred, these will also not be refunded and will be deducted from the amount to be paid.

The cost of canceling issued flights is 100% of the amount.

Packing List

Hiking Gear:

- Trekking boots (already used)
- Short- and long-sleeved thermal shirts (dry-fit)
- Fleece / second thermal layer
- Warm jacket (down)
- Waterproof jacket
- Trekking pants
- Waterproof pants
- Socks
- Buff/multifunction neck warmer
- Thermal gloves
- Sun hat
- Thermal hat for cold weather
- Sandals/flip-flops for showers (optional)
- Backpack (50 liters maximum)
- Trekking poles
- Water bottle
- UV protection sunglasses
- Sunscreen (minimum SPF 50)
- Lip balm with SPF
- Personal toiletries (toothbrush, toothpaste, deodorant, shampoo, etc.).
- Personal first aid kit
- Camera, charger, and adapter
- Mosquito repellent.

FAQs

What is the required physical and technical level?

This is a demanding trek that requires good physical fitness. You will walk 130 km over 8 days, with stages of up to 12 hours and considerable elevation changes. Technical experience is not necessary, but you should be accustomed to long walks with a backpack.

Is it a guided tour?

No. It is a self-guided trek. You will receive all the information and maps you need to do it independently.

What type of accommodation is included?

Depending on the option chosen: camping (equipped tents) or shelters (shared rooms with bunk beds). In both cases, sheets or sleeping bags, towels, and access to hot showers are included (except at Camp Perros).

What meals are included?

All breakfasts, 8 box lunches, and 7 dinners are included during the trekking days. In Puerto Natales, only breakfast is provided. Meals are nutritious and adapted to physical activity.

Is there phone or internet coverage?

Most shelters do not have WiFi, and there is little cell phone reception in the park. Disconnecting is part of the experience. In case of emergency, campground staff can assist.

Do I need a visa to enter Chile?

Citizens of the European Union and most countries in the Americas do not require a visa for tourist stays. However, it is always advisable to check with the nearest Chilean consulate.

How to get to Puerto Natales?

You can fly to Puerto Natales Airport or Punta Arenas Airport (Chile). Another option is to fly to El Calafate (Argentina) and take a bus to Puerto Natales from there.

Can meals be adapted to special diets?

Yes, when making your reservation, you can request a vegetarian, vegan, or gluten-free menu. Dietary restrictions can also be accommodated with advance notice.

Can I travel alone?

Yes. Although it is a self-guided trek, we provide all the logistics, maps, and remote assistance during the route. It is common for many travelers to do the route alone and meet companions along the way.

What is the climate like in the area?

Patagonia is unpredictable. You can encounter sun, rain, snow, and wind all in one day. Temperatures range from 5°C to 18°C in summer. It is essential to wear technical clothing in layers.

What happens if the weather prevents us from following the itinerary?

The itinerary may be adapted for safety reasons. In extreme cases, a stage may be canceled or modified. Our team will provide logistical support if necessary.



Contact us!

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