

SKI, SAILING

TROMSØ & LYNGEN SKI ON A SAILBOAT

Ski to the sea, sail on a sailboat.



B4Experience

NORWAY



Ski and Sail Tromsø and the Lyngen Alps is the perfect combination. Ski touring in Norway from a sailboat, ski to the sea, go sailing. Ascents of all levels, routes of 1.000m of unevenness to the beach. All inclusive.

[View Web Program](#)

<https://www.b4experience.com/tromso-and-lyngen-ski-on-a-sailboat>



RECOMMENDED MONTHS

APRIL, MAY



PRICE

From 3.180€ /person

Group discounts

Ski

info@b4experience.com / +34 613 03 77 00





Highlights

- SKI FROM MOUNTAIN PEAKS TO COASTAL BEACHES.
- MAJESTIC FJORDS.
- REMOTE AND WILD SKI TERRAIN
- NORTHERN LIGHTS.

Private groups

100% customizable

From (People)	Category	Availability	N° days	Price per pers.
7	Standard	01 Apr 2026 - 17 May 2026	7	3.180€

Travel only with your family or friends.

**Confirm availability at info@b4experience.com / +34 613 03 77 00 / www.b4experience.com*

Open groups

Share the experience with other travelers

Program	Dates	Nº days	Seats available	Starting point	Price
Ski & Sail Lyngen, 7 días	07 Apr 2026	7	6	Tromsø	3.180€
Ski & Sail Tromso-Alta, 8 días	14 Apr 2026	7	6	Tromsø	3.280€
Ski & Sail Alta-Tromso, 7 días	21 Apr 2026	7	6	Alta	3.180€
Ski & Sail Tromso-Alta, 8 días	28 Apr 2026	7	6	Tromsø	3.280€
Ski & Sail Lyngen, 7 días	04 May 2026	7	6	Tromsø	3.180€
Ski & Sail Alta-Tromso, 7 días	05 May 2026	7	6	Alta	3.180€
Ski & Sail Tromso-Alta, 8 días	12 May 2026	7	6	Tromsø	3.280€
Ski & Sail Lyngen, 7 días	17 May 2026	7	6	Tromsø	3.180€

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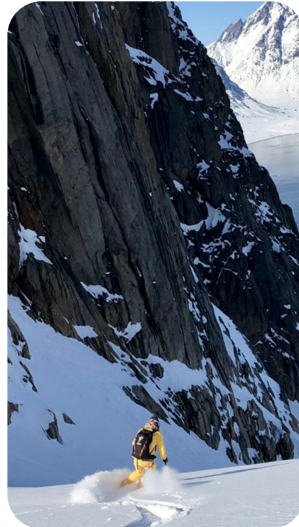


Included

- Experienced captain with local knowledge on board
- Experienced mountain guide on all skiing days
- Small groups, maximum 6 people per ski guide
- Accommodation on board throughout the trip
- Comfort package with sheets, duvets, and pillows
- All meals on board
- Sustainable, environmentally friendly, and unique holidays
- All boat expenses such as diesel, gasoline, dock fees, etc.
- Use of equipment on board: kayaks, dinghy, fishing gear, etc.
- Personal safety equipment (Helly Hansen inflatable life jacket)
- Technical advice and equipment

Not Included

- Round-trip airfare to Norway (we can arrange it)
- Alcoholic beverages. (You can each bring your own without problem)
- Personal ski and avalanche equipment (DVA, shovel, probe)
- All personal expenses
- Tips (optional)
- Travel/cancellation insurance: optional (we can arrange it)
- Anything not listed under the "INCLUDED" section



Itinerary

DAY 1 : SKI AND SAIL: WE DEPART FROM THE PORT OF TROMSØ

We meet at 4:00 PM at Tromsø's pier to board our Arctic sailboat. After check-in, we present the ski touring plan for Lyngen, safety rules on board, and handling of the technical equipment. With sails hoisted, we sail through the Tromsøundet and Grøtsundet straits heading to our first anchorage. Upon arrival, dinner is served on board (it's advisable to have eaten something beforehand to make the most of the time).

Accommodation: Sailboat

Meals: dinner

DAY 2: FIRST ASCENT – ROUTE TO THE NORTH

We wake up early, have breakfast, and disembark on the tender boat to begin the first day of ski touring in Norway. Depending on conditions, we target peaks in Ringvassøya or Reinøya, or perhaps the iconic Ullstinden (1,093 m) as our first goal. After the descent, we sail toward the Lyngen Peninsula and anchor in a sheltered cove to be ready for the next morning.

Accommodation: Sailboat

Meals: breakfast, picnic lunch, dinner

DAY 3: NORTHERN LIGHTS – FJORDS AND PANORAMIC PEAKS

We fully enter the alpine landscape of Nord-Lenangen, at the northern tip of Lyngen. From our anchorage, we choose the safest and most attractive mountain based on the weather forecast: options like Fastdalstinden or Storgalten offer views of the frozen fjords. In the afternoon, we sail through narrow channels, spotting northern lights if the sky is clear.

Accommodation: Sailboat

Meals: breakfast, picnic lunch, dinner

DAY 4: SECOND DAY IN THE LYNGEN PENINSULA

With the first Arctic light, we head out to another classic descent line, perhaps Rørnestinden (1,041 m) or a couloir on Tafeltinden. The captain can drop us off in one fjord and pick us up in the next, optimizing the "ski-in/ski-out" traverse directly to the boat. Night anchored beneath snowy peaks.

Accommodation: Sailboat

Meals: breakfast, picnic lunch, dinner

DÍA 5: ISLA DE KÅGEN – NIEVE VIRGEN Y SOLEDAD

We head west to Kågen Island, less frequented but incredibly alpine. Its continuous slopes allow chaining multiple powder snow descents. Exploring these fjords accessible only by boat is the essence of the Ski & Sail concept in Lyngen.

Accommodation: Sailboat

Meals: breakfast, picnic lunch, dinner

DAY 6: ARNØYA OR VANNØYA – THE ARCTIC'S SECRET JEWELS

Depending on the avalanche report, we choose Arnøya (peaks like Arnøyhøgda, 1,170 m) or Vannøya for another day of remote ski touring. These islands offer open slopes with ocean views and zero crowds. We toast on board for the last night in the Norwegian fjords.

Accommodation: Sailboat

Meals: breakfast, picnic lunch, dinner

DAY 7: LAST SUMMIT AND RETURN TO TROMSØ

We take advantage of the morning to climb one last summit in Ringvassøya or Reinøya while heading back to Tromsø. After the final snowy turns, we hoist the sails towards the harbor. At 4:00 PM, we disembark, clean up, and say goodbye. Thank you for sharing this ski touring and sailing adventure in Lyngen with us!

OTHER PROGRAMS: 8 DAYS TROMSØ - ALTA

We have an 8-day program from Tromsø to Alta:

Day 1: Arrival in Tromsø and sailing to Kvalsundet

Day 2: First ski route!

Day 3: Skiing Nord-Lenangen and the Lyngen Peninsula

Day 4: Skiing on Kågen, Arnøya, or Vannøya

Day 5-6: Ski touring in the fjords around Øksfjordjøkelen

Día 7: Stjernøya y Altafjorden

Day 8: Last morning and farewell

Accommodation: Sailboat

Meals: breakfast + lunch + dinner

OTHER PROGRAMS: 7 DAYS ALTA - TROMSØ

We have a 7-day program from Alta to Tromsø:

Day 1: Arrival in Alta and sailing

Day 2-4: Ski touring in the fjords around Øksfjordjøkelen

Day 5-6: Skiing on Kågen, Arnøya, or Vannøya

Day 7: Last summit and farewell for now in Tromsø

Accommodation: Sailboat

Meals: breakfast + lunch + dinner

Payment and cancellation policy

Initial Deposit: To secure your spot, a deposit of €600 is required at the time of booking.

Final Payment: The remaining balance, equivalent, must be paid no later than 60 days before the departure date.

Extras: Additional travel costs such as insurance, flights, or other optional services must be paid in full at the time of booking.

Cancellation Insurance: Clients may purchase trip cancellation insurance to recover the full amount paid (subject to the insurance terms).

The end user may cancel the booked trip, having the right to a refund of amounts paid, except for the penalties indicated. However, they must also pay the Agency the amounts listed below once the trip is confirmed. If the trip does not proceed due to insufficient minimum participants, the client may keep the credit for future trips or request a full refund of the booking.

SPECIAL Cancellation Policy:**FULL REFUND UP TO 24 HOURS AFTER PURCHASE**

- More than 60 days before the trip: the deposit is retained, and the rest is refunded.
- Between 59 and 30 days before the trip: 50% of the total amount is retained, and 50% is refunded.
- Less than 30 days before the trip: no refund of the amount paid.

*A handling fee of €150 applies.

*Cancellation fees for already issued bookings will not be refunded. If there are other non-refundable fees already charged, these will also not be refunded and will be deducted from the amount to be paid.

*The cancellation cost for issued flights is 100% of the ticket price.

Packing List

Ski equipment

- Your ski equipment: skis/splitboard, poles, ski boots, climbing skins, and helmet if you wish.
- Ski crampons and/or crampons (mandatory and essential for splitboards)
- Ski bag and boot bag (mandatory).
- Avalanche safety gear in a backpack, shovel, probe, transceiver/DVA (Mandatory).
- We normally do not plan trips that require crampons for boots, ice axes, ropes, and harnesses, but you can bring them if you want. (Except for private groups and if requested)

Sailboat equipment:

- Rubber boots and waterproof outerwear are recommended.

Other recommended/necessary items for these trips, besides travel gear:

- Backpack (between 20 and 35 liters) with straps to carry skis.
- Ski Socks.
- Mountain ski pants.
- Thermal shirt (base layer).
- Fleece or similar (mid layer).
- Gore-Tex type jacket and pants (outer layer).
- Light and thin primaloft or down jacket.
- Neck gaiter.
- Thin fleece gloves and thick gloves.
- Warm hat and sun cap.
- Sunglasses and goggles for wind/blizzard.
- Headlamp.
- Water bottle or thermos, minimum 1 liter. If you choose a Camelbak-type bag, keep in mind the tube can freeze, so it's advisable to carry an auxiliary bottle.
- Sunscreen and lip protection.
- Snacks (bars, gels, nuts...) for eating on the mountain during outings.
- Optional: spare batteries, camera, powerbank, first aid kit.

On our ski and sailing trips in Svalbard, we cross glaciers, so you will need additional equipment. Special information will be provided.

The boats have USB ports for charging phones and cameras while sailing, and EU 220V outlets available for your charger when moored at a dock with grounding.

FAQs

What is life like on a sailboat?

Life on board is very social and fun: from the very first moment, everyone becomes part of the crew helping with maneuvers, which makes it easy to get to know each other quickly and form bonds. You will sleep in shared cabins with bunk beds or double beds (tell us your preferences and we will consider them), and although fresh water is scarce and you might not be able to shower daily, we take advantage of every stop along the coast to replenish supplies, and a morning swim in the sea guarantees an incomparable feeling of freshness. With patience, generosity, and an open mind, you will soon feel at home, making new friends and enjoying the nautical experience to the fullest.

What personal equipment should I bring?

You should bring your own ski touring equipment (skis/splitboard, boots, poles) and technical layered clothing (base layer, fleece, and waterproof jacket and pants). Additionally, your avalanche safety gear (ARVA, shovel, and probe) is essential. If you do not have any of these items, we can arrange rentals in Tromsø in advance.

What technical and physical level do I need?

Previous experience in off-piste or ski touring and good physical fitness are required. The guide adapts the routes to the group's level to ensure safety and enjoyment.

What is not included?

Transport to Tromsø or Alta Personal ski touring and safety equipment (ARVA, shovel, probe) Alcoholic beverages and personal extras Travel and cancellation insurance (recommended) Activities or meals outside the program

What is the group size and guide-to-client ratio?

We sail in small groups of 6–7 participants per ski guide, and we usually coordinate two boats in parallel to tailor routes according to skill level.

Ski alternatives in Lofoten to the Ski&Sail program?

If you prefer a land-based option or are looking for a more economical alternative to the sailboat program, we also offer a ski touring experience in Lofoten and Tromsø from a cozy cabin by the sea, with a UIAGM guide, sauna, fishing, and van mobility: same spectacular setting, but without sailing.

¿Cómo está organizada la comida?

The culinary experience is as vital as hoisting the sails or taking the helm. Once on board, the crew will assign passengers to pairs, who will take turns preparing breakfast, lunch, and dinner according to a scheduled shift. Worried about your cooking skills? Don't worry! A comprehensive menu plan has been prepared for the entire voyage, with all provisions onboard. This menu is adaptable, allowing flexibility based on daily activities, whether you're catching fresh fish or if the more adventurous cooks want to try something new. The menu plan is supported by a detailed recipe book designed specifically for cooking on board, with ingredients, quantities, and methods tailored to each meal. Cooking on board is more than a necessity; it's a key part of the cruising experience, fostering teamwork, trust, and a shared appreciation for diverse culinary traditions.



Contact us!

info@b4experience.com

www.b4experience.com

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[View web Program](#)

Ski

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