

TREKKING

TOUR DU MONT BLANC MULTI-DAY GUIDED TREKKING

Trek through France, Italy and Switzerland
with a mountain guide, overnighting in
mountain huts



FRANCE



From July 26 to August 4, 2027, walk the Tour du Mont Blanc through France, Italy and Switzerland. A 10-day, 9-night trek with a UIMLA mountain guide, a group of 8 to 12 participants and all itinerary transport included.

[View program on the web](#)

<https://b4experience.com/es/tour-del-mont-blanc-trekking-guiado-por-etapas>

RECOMMENDED MONTHS

JULY, AUGUST



PRICES

From 1.850€ /person

Group discounts





Highlights

- CROSS FRANCE, ITALY AND SWITZERLAND IN EIGHT TREKKING STAGES.
- WALK WITH A UIMLA-ACCREDITED MOUNTAIN GUIDE.
- REST IN REFUGES AND HOTELS OVER NINE NIGHTS.
- BELLEVUE CABLE CAR AND ROUTE BUSES INCLUDED.

Private group

100% customizable

From (People)	Category	Availability	Days	Price per pers.
✕ No private groups available, only open groups				

Travel with your family or group of friends.

*Confirm availability at info@b4experience.com / +34 613 03 77 00 / www.b4experience.com

Open group

Share the experience with other travelers

Dates	Nº days	Avail. spots	Price per pers.
26 Jul 2027	10	T:12 O:0 12	1.850€

*Check availability at info@b4experience.com / +34 613 03 77 00 / www.b4experience.com

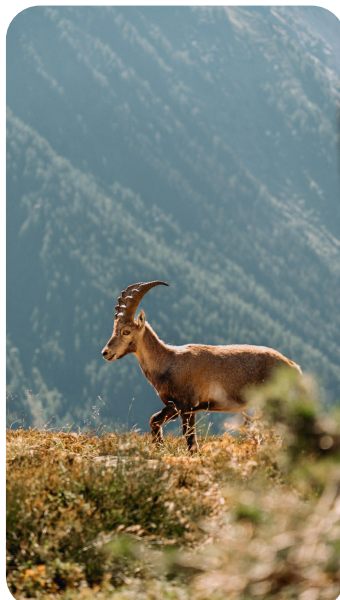
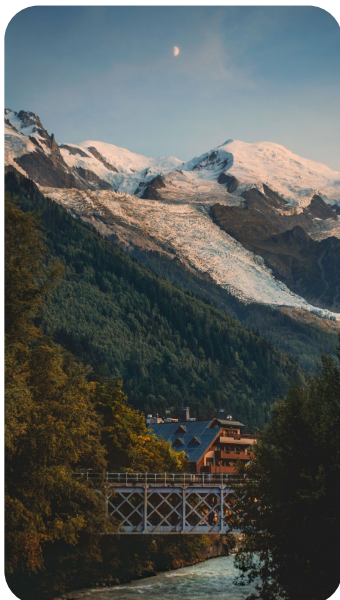
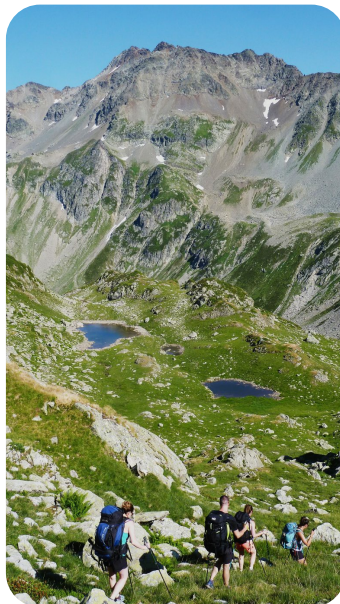
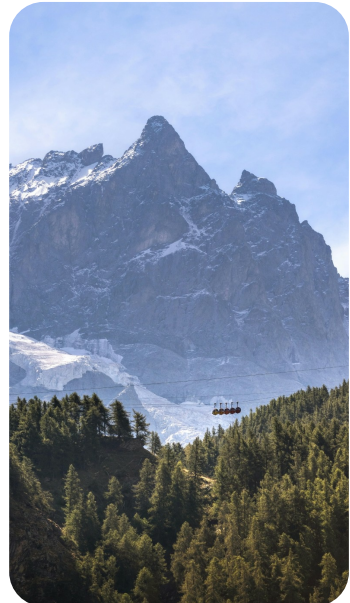


Includes

- Accompaniment by a UIMLA-certified mountain guide throughout the eight trekking stages.
- Organisation of the trek in a group of between 8 and 12 participants, plus the guide.
- Nine nights of shared accommodation in a chalet, mountain huts, a guesthouse and hotels, from 26 July to 4 August 2027.
- Nine breakfasts, from 27 July to 4 August.
- Seven dinners: Les Houches, La Balme, Les Chapieux, Rifugio Elena, La Fouly, Champex-Lac and Col de la Forclaz.
- Cable car ride from Les Houches up to Bellevue.
- Shuttle from Les Chapieux to the Parking des Mottets.
- Bus from La Visaille to Courmayeur.
- Bus from Courmayeur to Lavachey.
- Return by public transport from Le Tour to the Chamonix accommodation, with all necessary connections.
- Tourist taxes for all accommodations.

Not included

- Flights and transfers to Les Houches and back from Chamonix.
- All midday lunches and picnics.
- Dinners in Courmayeur and Chamonix.
- Travel, rescue and cancellation insurance. We can arrange these separately.
- Luggage transport. We can arrange this as an extra, at an approximate cost of €45 per stage and backpack of up to 15 kg, subject to availability and access at each accommodation.
- Anything not listed under "Included".



Itinerary

DAY 1: JULY 26 • MEETING IN LES HOUCHES

The trip begins in Les Houches, with a meeting point at the Chalet Les Méandres. This first night puts you at the starting point of the trek and gives you a chance to meet the group before setting off. You'll make your own way there, settle in and share the included dinner. Ahead of you lie eight stages around the Mont Blanc massif, linking France, Italy and Switzerland before returning to the Chamonix valley.

No trekking stage scheduled.

Accommodation: Chalet Les Méandres, Les Houches.

Meals: dinner included.

DAY 2: JULY 27 • LES HOUCHES–COL DE TRICOT–LA BALME

We take the Bellevue cable car to begin the walk at altitude. The trail leads us over the Col de Tricot to Miage, before climbing up to the Chalets du Truc and descending to Les Contamines. We continue through Notre-Dame de la Gorge and Nant Borrant to the Refuge de la Balme. It's the first day's walk and the longest of the programme: a sequence of climbs, descents and changing landscapes on the French side.

Distance: 20 km • **Elevation:** +1,300 / –1,400 m

Accommodation: Refuge de la Balme.

Meals: breakfast and dinner included. Lunch or picnic not included.

DAY 3: JULY 28 • LA BALME–BONHOMME–LES CHAPIEUX

We leave La Balme and climb towards the Col du Bonhomme. The scenery changes as we gain height, crossing pastures and stretches of rocky terrain. We continue to the Col de la Croix du Bonhomme and begin the descent along the classic route to Les Chapieux. We cover the whole stage on foot, finishing at the Auberge-Refuge de la Nova, where accommodation and dinner await us after the second day of the trek.

Distance: 10.8 km • **Elevation:** +800 / –950 m •

Accommodation: Auberge-Refuge de la Nova, Les Chapieux.

Meals: breakfast and dinner included. Lunch or picnic not included.

DAY 4: JULY 29 • LES CHAPIEUX–COL DE LA SEIGNE–COURMAYEUR

A shuttle takes us from Les Chapieux to the Parking des Mottets, where we start walking. We climb to the Col de la Seigne and cross into Italy, descending through the Elisabetta area towards Combal. We follow the lower path to La Visaille, without climbing to the Mont Favre pass. From there, the included bus takes us to Courmayeur. We sleep in a hotel in the village, and dinner tonight is on your own.

Distance: 14.5 km • **Elevation:** +650 / –900 m

Accommodation: Hotel Les Jumeaux, Courmayeur.

Meals: breakfast included. Lunch or picnic and dinner not included.

DAY 5: JULY 30 • COURMAYEUR–BONATTI–RIFUGIO ELENA

We take the included bus from Courmayeur to Lavachey, the starting point of the hike. We climb towards the Bonatti refuge and follow the balcony trail of the Tour du Mont Blanc above Val Ferret, facing the Grandes Jorasses. We then descend towards Arnouva and tackle the final climb to the Rifugio Elena. The day ends facing the Pré de Bar glacier, with dinner and overnight at the refuge before crossing into Switzerland.

Distance: 10 km • **Elevation:** +800 / –400 m

Accommodation: Rifugio Elena.

Meals: breakfast and dinner included. Lunch or picnic not included.

DAY 6: JULY 31 • RIFUGIO ELENA–GRAND COL FERRET–LA FOULY

From the Rifugio Elena we climb to the Grand Col Ferret, the pass that takes us from Italy to Switzerland. On the other side begins the descent towards the pastures of La Peule. We continue through the Swiss Val Ferret, among streams, forests and mountain views, until reaching La Fouly. The whole day is covered on foot, and it ends at the Auberge des Glaciers, where we have dinner and rest after crossing the border.

Distance: 12.5 km • **Elevation:** +500 / –950 m

Accommodation: Auberge des Glaciers, La Fouly.

Meals: breakfast and dinner included. Lunch or picnic not included.

DAY 7: AUGUST 1 • LA FOULY–PRAZ-DE-FORT–CHAMPEX-LAC

We follow the Swiss Val Ferret towards Praz-de-Fort and Issert, combining trails, small villages and bridges. From the valley floor we begin the climb through the forest up to Champex-Lac. The changing scenery accompanies a day that allows us to discover the Swiss side step by step. We cover the whole route on foot and sleep at the Pension en Plein Air, with dinner included.

Distance: 15.5 km • **Elevation:** +700 / –800 m

Accommodation: Pension en Plein Air, Champex-Lac.

Meals: breakfast and dinner included. Lunch or picnic not included.

DAY 8: AUGUST 2 • CHAMPEX-LAC–BOVINE–COL DE LA FORCLAZ

We leave Champex-Lac and follow the classic variant of the Tour du Mont Blanc via Bovine. The stage alternates between forests and high pastures, with views over the Rhône valley. We continue along the trail to the Col de la Forclaz, where the hike ends. We spend the night at the hotel on the pass, in the upper part of Trient. This is our last night in Switzerland before returning to France via the Col de Balme.

Distance: 13.5 km • Elevation: +900 / –850 m

Accommodation: Hôtel du Col de la Forclaz.

Meals: breakfast and dinner included. Lunch or picnic not included.

DAY 9: AUGUST 3 • COL DE LA FORCLAZ–COL DE BALME–CHAMONIX

We descend from the Col de la Forclaz towards Trient and begin the climb to the Col de Balme to return to France. From the pass we follow the variant via Charamillon to Le Tour, covering the whole descent on foot. There we take the included bus to Chamonix and complete the transfer to our accommodation. We celebrate the end of the eight stages with a final night in the valley; dinner is on your own.

Distance: 12.5 km • Elevation: +1,000 / –1,050 m

Accommodation: Vert Lodge, Chamonix.

Meals: breakfast included. Lunch or picnic and dinner not included.

DAY 10: AUGUST 4 • BREAKFAST AND END OF TRIP IN CHAMONIX

After the included breakfast in Chamonix, the trip comes to an end. We say goodbye after eight walking stages, nine nights, and a journey through France, Italy and Switzerland. Your return home is arranged separately. The night of 3 to 4 August is included, so you can rest in Chamonix after the final day's walk before setting off on your journey home.

Meals: breakfast included.

Payment and cancellation policy

Initial booking: To secure your place, an initial payment of 30% of the total trip cost is required at the time of booking.

Final payment: The remaining balance, equivalent to 70% of the total, must be paid no later than 60 days before the departure date.

Extras: Additional trip costs, such as insurance, flights or other optional services, must be paid in full at the time of booking.

Cancellation insurance: Clients may take out trip cancellation insurance in order to recover the full amount paid (subject to the insurer's terms and conditions).

Right of withdrawal: The end user may withdraw from the booked trip and shall be entitled to a refund of the amounts paid, except for the penalties indicated below. In addition, once the trip has been confirmed, the client must pay the Agency the amounts detailed below. If the trip does not take place because the minimum required number of places is not reached, the client may keep the credit for future trips or request a full refund of the amount paid.

Cancellation policy 3:

Full refund up to 24 hours after purchase

Up to 60 days before the trip: 100% refund of the trip cost

Up to 45 days before the trip: 50% refund of the trip cost

Cancellations with less than 45 days' notice: no refund of the amount already paid

*A management fee of €250 applies

*Cancellation fees for bookings already issued will not be refunded. If there are other non-refundable costs already incurred, these will likewise not be refunded and will be deducted from the total amount.

*The cancellation cost for issued flights is 100% of the amount.

Off Trail S.L. acts in this package trip as the organiser. For scheduled open departures, the trip will only go ahead once a minimum of 8 confirmed registered participants has been reached; travellers will be informed via the client portal once this minimum has been met, allowing the departure to be confirmed. If the minimum number is not reached, the organiser may cancel the trip and notify the traveller within the applicable legal deadline of up to 20 calendar days before departure. For private departures or tailor-made trips, the itinerary is considered confirmed upon acceptance of the booking, as it is a trip specifically designed for the number of people stated in the contract and priced accordingly. In the event of cancellation due to the required minimum not being reached, the traveller shall be entitled to a full refund of the amounts paid, with no additional compensation.

Gear list

Footwear and backpack

- Lightweight boots or trekking shoes with good soles and grip, already broken in.
- A 35–45 litre backpack, properly fitted with a hip belt.
- Waterproof cover and dry bags inside to protect clothing and documents.
- Trekking poles, highly recommended.

Clothing for walking and protection

- 2–3 quick-dry technical t-shirts.
- 1 long-sleeve thermal top.
- 1 pair of long trekking trousers plus a spare pair, short or zip-off.
- 1 fleece or mid-layer.
- 1 lightweight insulated jacket.
- 1 waterproof jacket with hood and wind protection.
- Lightweight waterproof trousers.
- 3–4 pairs of trekking socks.
- Quick-dry underwear.
- Cap or hat, neck gaiter, beanie and lightweight gloves.

Combining layers, waterproofs and tested footwear lets you adapt to changing weather during the alpine crossing.

For the refuges and accommodations

- Sleeping bag liner.
- Lightweight clothing for resting and sleeping.
- Flip-flops or lightweight indoor/shower footwear.
- Small quick-dry towel.
- Compact toiletry bag with hygiene products.
- Earplugs and an eye mask, recommended for shared dormitories.
- Bag for storing used clothing.

During the stages

- Water bottles or hydration bladder with an *approximate capacity of 2 litres*, adjusting the water carried to each day.
- Reusable container or bag for your picnic lunch.
- Personal snacks.
- Sunglasses with UV protection.
- Sunscreen and lip balm.
- Headlamp with spare batteries or a charged battery.
- Emergency blanket.
- Small personal first-aid kit with dressings for chafing and blisters.
- Your regular personal medication.
- Phone, charger and power bank.
- Bag for collecting your waste.

Documents and money

- Valid ID card or passport.
- European health insurance card, where applicable.
- Your insurance details and assistance phone number, if arranged.
- Bank card and cash in euros and Swiss francs for personal expenses.

How to pack

Bring enough changes of clothing, prioritising lightweight items you can reuse and wash. *You don't need a full change for every day.* Try on the loaded backpack before the trip.

FAQs

What is the Tour du Mont Blanc or TMB?

The TMB is a circular trek around the Mont Blanc massif that links France, Italy and Switzerland. On this programme you cover it on foot over eight stages, with public transport connections included and nights spent in refuges and hotels. You get to discover all its different faces without having to rush or aim for a summit ascent.

What level of fitness do I need?

You should be ready to walk eight consecutive days through the mountains, with repeated ascents and descents. The planned stages range from 10 to 20 km, and the first one involves around 1,300 m of climbing. Consider your experience with similar days on the trail and your ability to sustain effort over several consecutive days, as well as handle one isolated, demanding stage.

How many people are in the group?

The group is organised with a minimum of 8 and a maximum of 12 participants, accompanied by a mountain guide. It's a shared trek, with the same stages and accommodation planned for all participants.

Who accompanies us during the trek?

You're accompanied by a UIMLA-certified mountain guide throughout all eight trekking stages. Guiding is included and takes place with a group of between 8 and 12 participants. You'll share the route around the three flanks of the massif with your guide, from the first walk in Bellevue to the arrival in Le Tour.

What are the dates and how long does the trip last?

The trip begins on 26 July 2027 at the Chalet Les Méandres in Les Houches, and ends on 4 August after breakfast in Chamonix. That's 10 days and 9 nights, with eight walking stages from 27 July to 3 August. The final night in Chamonix is included, giving you time to rest before heading home.

What are the accommodations like?

You'll sleep in mountain huts, a chalet, a guesthouse and hotels across France, Italy and Switzerland, all with shared accommodation. The huts have dormitories with bunk beds; in Courmayeur you'll stay in a mix of triple rooms and one quadruple room, and in Chamonix beds are booked in shared dormitories. Nine nights are included.

Which meals are included?

Nine breakfasts are included, from 27 July to 4 August, along with seven dinners at the accommodations along the route. All lunches and picnics are at your own expense, as are the dinners in Courmayeur and Chamonix. The first included dinner is on 26 July in Les Houches, and the last included meal is breakfast on 4 August.

Are the buses and the cable car included?

Yes. We include the cable car ride up to Bellevue, the shuttle from Les Chapieux to the Parking des Mottets, the buses from La Visaille to Courmayeur and from Courmayeur to Lavachey, and the return journey from Le Tour to the Chamonix accommodation. These are the transfers included in the programme; your initial arrival and return journey home are arranged separately.

Is the whole Tour du Mont Blanc done on foot?

The programme combines eight walking stages with cable car and bus transfers. It totals approximately 109 km on foot, with 6,650 m of ascent and 7,300 m of descent. It follows its own route and doesn't fully replicate the classic tour: the walking ends in Le Tour, continuing by bus to Chamonix.

Can I hire luggage transport?

Yes, we can arrange this as an extra, at an approximate cost of €45 per stage for a bag of up to 15 kg. It's not included and depends on availability and access at each accommodation. Before booking it, we'll confirm the possible stages and the price; delivery to every refuge cannot be guaranteed.

Is rescue insurance included?

Rescue insurance is not included in the price, but we can arrange it separately. When choosing your policy, make sure it covers trekking and mountain search, rescue and evacuation in France, Italy and Switzerland. This coverage must be checked explicitly and should never be assumed just because you have travel insurance.

Does it include travel or cancellation insurance?

Travel and cancellation insurance are arranged separately; we can help you set them up as extras. The programme price does not include either of these policies. Before taking one out, review the coverage and cancellation terms carefully, especially which causes are covered and from what point the policy takes effect.

Do I need a visa or passport?

If you hold an EU nationality, you can take this tourist trip through France, Italy and Switzerland with a valid ID card or passport, with no visa required. If you hold another nationality, check the requirements for all three countries and any possible transits. Carry your documentation with you throughout the trek.

How do I get to the meeting point?

You'll need to make your own way to the Chalet Les Méandres, in Les Houches, on 26 July. Geneva Airport is the main air gateway to the Chamonix valley, from where you can continue on to Les Houches. Flights and transfers at the start and end of the trip are not included in the price.

Can I sign up without being part of a group?

Of course. You can book your place and join the trek alongside other travellers; there's no need to put together your own group. Departures run with a minimum of 8 and a maximum of 12 travellers, plus the guide. Throughout the programme you'll share the stages, the scheduled transport and the overnight stays along the route.



Contact

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