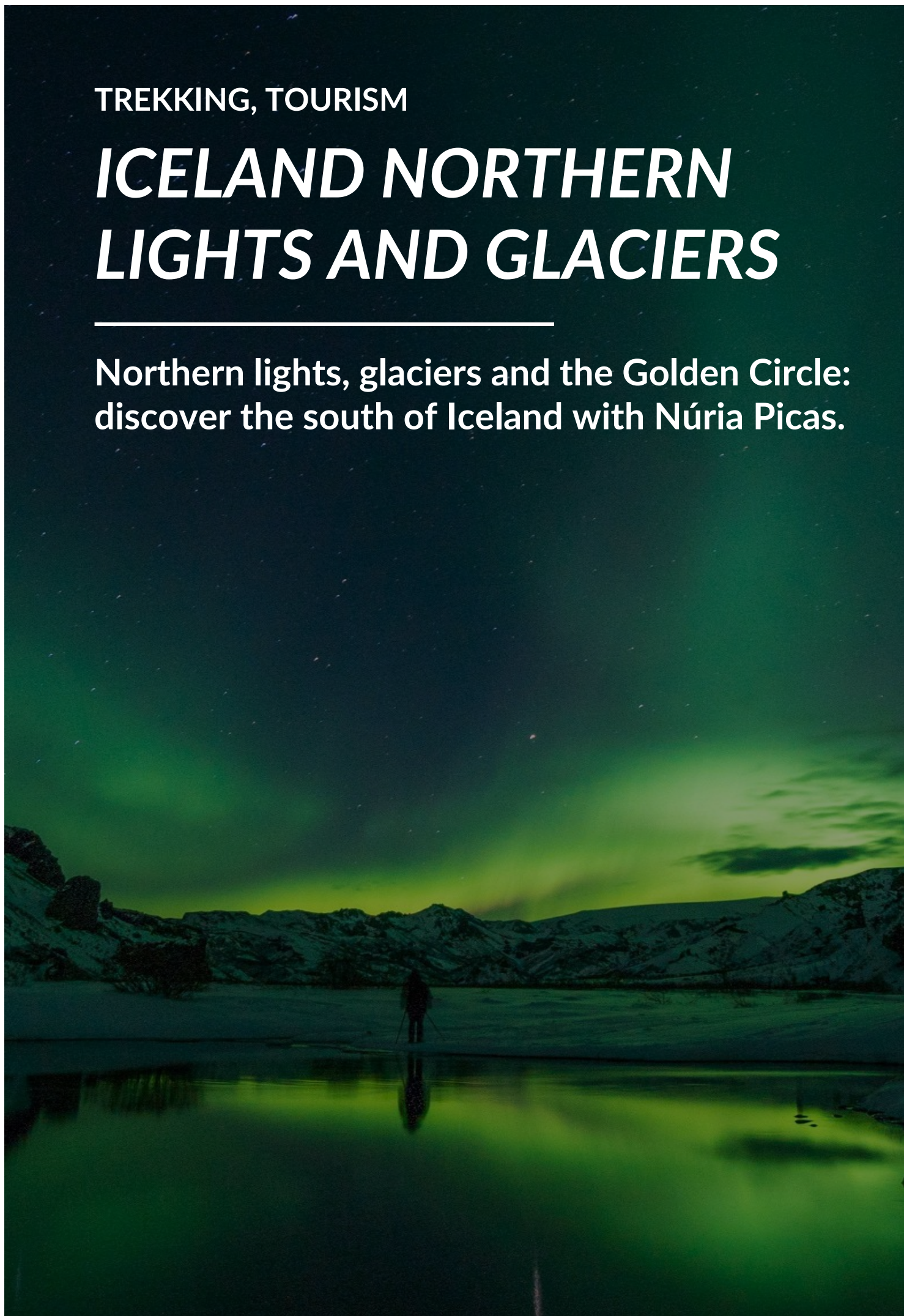


TREKKING, TOURISM

ICELAND NORTHERN LIGHTS AND GLACIERS

Northern lights, glaciers and the Golden Circle:
discover the south of Iceland with Núria Picas.



ICELAND



Discover the south of Iceland on a nature and adventure trip: the **Golden Circle**, the South Coast and a **glacier hike on Vatnajökull**. Visit Jökulsárlón, relax in geothermal waters and look for the **northern lights** every night, guided by Núria Picas.

View program on the web

<https://b4experience.com/iceland-auroras-and-glaciers>

RECOMMENDED MONTHS

NOVEMBER



PRICES

From 1.990€ /person

Group discounts





Highlights

- WALK ON A VATNAJÖKULL GLACIER
- DISCOVER THE GOLDEN CIRCLE AND THE SOUTHERN WATERFALLS
- EXPLORE JÖKULSÁRLÓN, DIAMOND BEACH AND THE SOUTH COAST
- RELAX AT LAUGARÁS LAGOON AND SEARCH FOR THE NORTHERN LIGHTS.

Private group

100% customizable

From (People)	Category	Availability	Days	Price per pers.
✕ No private groups available, only open groups				

Travel with your family or group of friends.

*Confirm availability at info@b4experience.com / +34 613 03 77 00 / www.b4experience.com

Open group

Share the experience with other travelers

Dates	Nº days	Avail. spots	Price per pers.
01 Nov 2026	7	T:9 O:0 9	1.990€

*Check availability at info@b4experience.com / +34 613 03 77 00 / www.b4experience.com

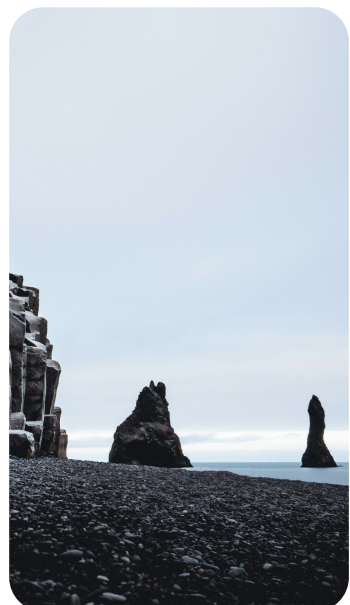


Includes

- Accompaniment throughout the entire programme by Núria Picas as a high-mountain guide and group leader.
- 3 nights in an exclusive cabin with views in the Selfoss area.
- 2 nights in two cabins at Hörgsland Cottages with a fully equipped kitchen.
- 1 night at Aurora Hotel, next to Keflavík airport, in a double or twin room.
- Breakfast on the last day at Aurora Hotel.
- Rental of a nine-seat 4x4 minivan throughout the itinerary.
- Fuel during the programme days.
- Mandatory parking fees during the itinerary.
- Icelandic mileage tax during the programme days.
- Travel, accommodation and meal expenses for Núria Picas.
- Guided glacier hike.
- Technical equipment for the glacier activity: crampons, ice axe, harness and helmet.
- Additional safety equipment required for the chosen glacier route.
- Entrance to Laugarás Lagoon.
- Personalised organisation of hikes, visits and scenic stops described in the programme.
- Assistance from B4Experience before and during the trip.

Not included

- International flights Barcelona-Keflavík-Barcelona (we can manage them).
- Breakfasts, lunches and dinners, except breakfast on the last day.
- Common purchase of food for the houses and cabins. (Approx. expense 150eur/person)
- Personal equipment.
- Personal travel, rescue and/or cancellation insurance (we can manage it).
- Activities, services or visits not expressly described as included.
- Personal expenses and tips.
- Everything not expressly described in the "INCLUDED" section.



Itinerary

DAY 1: ARRIVAL AT KEFLAVÍK AND TRANSFER TO SELFLOSS

Arrival at Keflavík. After collecting luggage, meeting with Núria Picas, group organisation and pick-up of the van. A first group food shopping will be done before the night transfer to Selfoss. Expected arrival around 21:00–21:30, room allocation, dinner and presentation of the programme.

Accommodation: Exclusive cabin with views in the Selfoss area

DAY 2: GOLDEN CIRCLE

First full day on the Golden Circle. We will walk through Þingvellir among tectonic fissures, the Almannagjá area and viewpoints over Þingvallavatn, adapting the route to the ice and trail conditions. Afterwards we will visit the geothermal area of Geysir and the eruptions of Strokkur, finishing at Gullfoss. Return to Selfoss and, if the sky is clear, first opportunity to see the northern lights.

Accommodation: Exclusive cabin with views in the Selfoss area

DAY 3: HVERAGERÐI AND REYKJADALUR VALLEY

After a short transfer to Hveragerði, we will begin the hike towards Reykjadalur, the Steam Valley. The planned route is around 6 km round trip and approximately 3–4 hours, passing through fumaroles, hot springs and terrain that may be wet, muddy or icy. If conditions allow, we will reach the designated section of the thermal river. Return to Selfoss and another opportunity to see the northern lights.

Accommodation: Exclusive cabin with views in the Selfoss area

DAY 4: SOUTH COAST – HÖRGSLAND

We leave Selfoss to travel along the South Coast towards Hörgsland. We will visit Seljalandsfoss and, if conditions allow, Gljúfrabúi; we will continue to Skógafoss, the Dyrhólaey viewpoints and the black sand beach of Reynisfjara. After a stop in Vík, we will cross stretches of volcanic sand and the Eldhraun lava fields. Arrival at the Hörgsland cabins and dinner prepared as a group.

Accommodation: Hörgsland Cottages

DAY 5: VATNAJÖKULL, GLACIER HIKE AND JÖKULSÁRLÓN

A day dedicated to ice in the Skaftafell area, within Vatnajökull National Park. Núria Picas will lead a 3–4 hour glacier hike with technical and practical instruction on crampon progression; technical equipment is included. Afterwards we will travel to Jökulsárlón to walk along its shores and visit Diamond Beach. Return to Hörgsland after nightfall and dinner at the cabins.

Accommodation: Hörgsland Cottages

DAY 6: FJAÐRÁRGLJÚFUR – LAUGARÁS – REYKJAVÍK – KEFLAVÍK

Early departure from Hörgsland and, if access is safe, a stop at the Fjaðrárgljúfur canyon. We will continue to Laugarás Lagoon, where admission is included to enjoy the geothermal lagoon and its relaxation areas. Afterwards we will head to Reykjavík to stroll through the city centre and share a farewell dinner. After dinner, transfer to Keflavík, vehicle drop-off and overnight stay in front of the terminal.

Accommodation: Aurora Hotel Keflavík Airport

DAY 7: KEFLAVÍK – BARCELONA

The last day begins in the early hours at the Aurora Hotel, where breakfast is available from 04:00 and is included. After breakfast, we will walk approximately 100 metres to the Keflavík airport terminal, with no additional transfer needed. The reference direct flight departs at 06:20 with an estimated arrival in Barcelona at 11:30, bringing to an end a week of nature and adventure in Iceland.

Payment and cancellation policy

Initial deposit: To secure your place, an initial payment of 30% of the total trip cost is required at the time of booking.

Final payment: The remaining amount, equivalent to 70% of the total, must be paid no later than 60 days before the departure date.

Extras: Additional trip costs, such as insurance, flights or other optional services, must be paid in full at the time of booking.

Cancellation insurance: The client may take out a travel cancellation insurance policy in order to recover the full amount paid (subject to its terms and conditions).

The end user may withdraw from the booked trip and is entitled to a refund of the amounts paid, minus the penalties indicated, but must also pay the Agency the amounts set out below once the trip has been confirmed. If the trip does not take place due to the minimum number of places not being reached, the client may keep the credit for future trips or request a full refund of the deposit.

Cancellation policy 3:

FULL REFUND UP TO 24 HOURS AFTER PURCHASE

- Up to 60 days before the trip: 100% refund of the trip cost.
- Up to 45 days before the trip: 50% refund of the trip cost.
- For periods shorter than those described in the cancellation policy, no refund of the amount already paid will be made.

*Management fees of €250 apply.

*Cancellation costs for already issued bookings will not be refunded. If there are other non-refundable costs already issued, these will also not be refunded and will be deducted from the amount to be paid.

*The cancellation cost of issued flights is 100% of the fare.

Off Trail S.L. acts as organiser in this package travel. For scheduled open departures, the trip requires a minimum of 7 confirmed registered participants; the traveller will be informed through the client portal once this minimum has been reached in order to confirm the departure. Should the minimum number indicated not be reached, the organiser may cancel the trip and notify the traveller within the legally applicable period of up to 20 calendar days before departure. For private departures or tailor-made trips, the programme shall be considered confirmed from the acceptance of the booking, as it is a trip designed specifically for the number of people stated in the contract and priced accordingly. In the event of cancellation due to the minimum number not being reached, the traveller shall be entitled to a full refund of all amounts paid, with no additional compensation.

Equipment list

Mandatory equipment

- Suitable mountain boots with good soles.
- Thermal clothing.
- Waterproof garments.
- Gloves.
- Soft duffel bag of 60–70 litres.
- Daypack or soft hand bag of 30–40 litres.

Important: hard-shell suitcases and trolley cases will not be accepted due to the limited space available in the van.

The specific technical equipment for the glacier activity — crampons, ice axe, harness, helmet and required safety items — is included.

Recommended equipment

- Warm layers suitable for low temperatures.
- Headlamp.
- Hat.
- Protection for electronic devices against moisture and cold.
- Swimwear for thermal activities.
- Towel, dry clothes and a waterproof bag for Reykjadalur if bathing in the thermal river.

FAQs

What kind of trip is Iceland with Núria Picas?

It is a nature, geology and adventure trip through southern Iceland. It is not designed as a long-distance trekking trip or a trail running programme. It combines easy or moderate hikes, scenic visits, geothermal areas, waterfalls, black sand beaches and a special glacier walking day.

What technical and physical level do I need to participate?

The general level is moderate. The days combine visits and regular hikes of between 2 and 5 hours, always adapted to the group, the terrain and the weather. The aim is not to accumulate kilometres or maintain a high sporting pace. It is advisable to be accustomed to walking in the mountains and moving on terrain that may be wet, muddy or icy.

Do I need prior experience with crampons for the glacier walk?

No specific prior experience with crampons is required. Before entering the glacier, Núria Picas will provide a technical explanation and teach the basic progression: flat-footed placement, feet apart, balance and movement on gentle slopes. The route will be adapted to the group's level and the actual ice conditions.

What type of accommodation does the trip include?

The trip includes three nights in a full house in the rural area of Selfoss, two nights in two cabins at Hörgsland with a fully equipped kitchen, and a final night at the Aurora Hotel near Keflavík airport. Double or twin rooms will be used at the hotel.

What meals are included during the trip?

Participants' meals are not included, except for breakfast on the last day at the Aurora Hotel. In Selfoss and Hörgsland, fully equipped kitchens will be available and the group will make a shared purchase to prepare breakfasts, picnics and dinners. Participants will create a common fund and split the cost of food among themselves.

How do I get to the starting point and what is the reference airport?

The group meeting is coordinated with arrival at Keflavík International Airport. For reference, the Icelandair direct flight departs from Barcelona on November 1st at 14:45 and arrives at Keflavík at 18:20. Flights are not included in the price, although B4Experience can arrange them upon request from the participant.

Is seeing the northern lights guaranteed?

No. Observing the northern lights depends on solar activity and clear skies, so it cannot be guaranteed. The bases in Selfoss and Hörgsland are far from a significant amount of light pollution and allow you to take advantage of favourable nights by stepping outside directly from the accommodation, without booking an additional excursion.

What kind of weather can be expected in Iceland in November?

In early November, temperatures in southern Iceland can be around 0–5 °C, although wind and humidity can make the wind chill feel considerably lower. Rain, snow, ice and temporary road closures are also possible. Useful daylight hours are approximately from 09:00 to 17:00.

What happens if the weather is bad or conditions change?

The programme is designed to be flexible. Núria will check the weather forecast, road conditions and trail conditions every day. The order of visits may be changed and some hikes may be shortened, replaced or cancelled for safety, weather or accessibility reasons. At the glacier there is also a scenic alternative if it is not safe to enter.

What luggage can I bring in the van?

Hard-shell suitcases and trolleys will not be accepted, as cargo space is limited for eight participants plus the guide. Each person may bring one soft duffel bag of 60–70 litres and one backpack or soft carry-on bag of 30–40 litres. All luggage must be able to be compressed and stacked safely inside the van.

How many people are in the group and how are transfers arranged?

The group is limited to a maximum of eight participants plus Núria Picas. All transfers throughout the programme will be made in a nine-seat Volkswagen Caravelle 4Motion, driven by Núria. Vehicle rental, fuel, mandatory parking fees and the Icelandic mileage rate during the programme are included.

What technical equipment is included for the glacier activity?

The glacier hike includes the rental of the necessary technical equipment: crampons, ice axe, harness, helmet and the safety items required by the chosen route. Each participant must bring their own suitable mountain boots, thermal clothing, gloves and waterproof garments. The itinerary on the ice will be decided on the day according to conditions.

Will we be able to bathe in thermal waters during the trip?

Yes, the programme includes entry to Laugarás Lagoon on day 6. Additionally, during the hike to Reykjadalur there is the possibility of reaching the designated section of the hot river and bathing, but this will depend on the wind, temperature and the condition of the access path. For Reykjadalur, a swimsuit, towel, dry clothes and a waterproof bag are required.

How much driving is there during the trip?

The programme covers approximately 1,250 to 1,400 km in total. Some days involve short transfers while others are clearly road-heavy: the South Coast can add up to 4–5 hours of cumulative driving, and day 6 is around 4 hours. The journeys are combined with hikes, visits and scenic stops to make the most of the available daylight hours.



Contact

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[View program on the web](#)

Trekking, Poles

