

TOURISM

# ***BARCELONA AND COSTA BRAVA, GASTRONOMY AND ACTIVE CULTURE***

---

**8-day private trip through Catalonia, discovering the nature and surroundings of Dalí and Gaudí.**



# SPAIN



---

Private trip through Catalonia connecting Barcelona, Costa Brava and the Pyrenees in a carefully designed route to discover the essence of the destination through culture, gastronomy, landscape and active tourism. A program with a traveling guide, private transfers and experiences, where the universe of Dalí, Gaudí's work, charming villages, Empordà vineyards and beautiful natural settings coexist in a route full of identity.

## RECOMMENDED MONTHS

---

JANUARY, FEBRUARY, MARCH, APRIL, MAY, JUNE,  
SEPTEMBER, OCTOBER, NOVEMBER, DECEMBER



## PRICES

---

**From 2.750€ /person**

Group discounts





# Highlights

---

- HISTORIC BARCELONA AND THE GAUDÍ UNIVERSE IN A FULL DAY
- COSTA BRAVA AND DALÍ BETWEEN CADAQUÉS, PORTLLIGAT AND FIGUERES
- CATALAN PYRENEES WITH VALL DE NÚRIA
- GASTRONOMY, WINE AND CHARMING VILLAGES.

# Private group

100% customizable

From (People)	Category	Availability	Days	Price per pers.
6	Standard	03/30/2026 02:00:00 PM - 12/31/2027 03:00:00 PM	8	2.750€
4	Standard	03/30/2026 02:00:00 PM - 12/31/2027 03:00:00 PM	8	3.350€
2	Standard	03/30/2026 02:00:00 PM - 12/31/2027 03:00:00 PM	8	4.950€

Travel with your family or group of friends.

\*Confirm availability at [info@b4experience.com](mailto:info@b4experience.com) / +34 613 03 77 00 / [www.b4experience.com](http://www.b4experience.com)

# Open group

*Share the experience with other travelers*

Trip Details	Dates	N° days	Avail. spots	Price per pers.
✘ No open groups available, only private groups				

\*Check availability at [info@b4experience.com](mailto:info@b4experience.com) / +34 613 03 77 00 / [www.b4experience.com](http://www.b4experience.com)



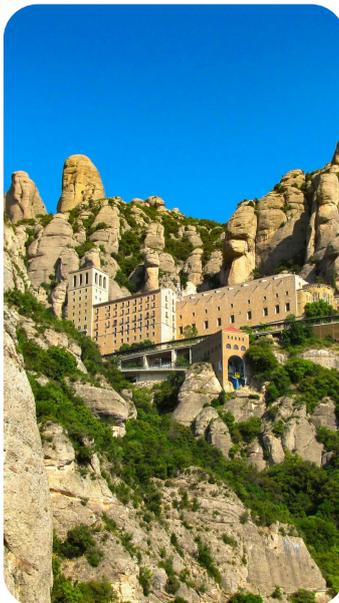


# ***Includes***

- Local traveling guide throughout the trip
- All transfers in private van
- Welcome dinner (without drinks)
- 4 nights in charming rural hotel in Madremanya with breakfast
- Gastronomic cooking workshop in Girona
- Girona cathedral tickets
- Wine tasting at Empordà vineyard
- Tickets to Dalí House-Museum Portlligat
- Vall de Núria rack railway
- Hotel Vall de Núria in Superior room with breakfast
- Sant Joan funicular in Montserrat
- Tickets to Sagrada Família Temple
- Tickets to Parc Guell
- 2 nights at 4\* hotel in central Barcelona with breakfast
- Meals as per the program description
- Reservation management and extra activities

# ***Not included***

- Flights to Barcelona
- Travel/cancellation insurance: optional, but recommended (we can manage it)
- Tips (optional)
- Everything not described under "INCLUDED".





# Itinerary

## DAY 1: ARRIVAL TO MADREMANYA

Arrival at Barcelona-El Prat airport marks the start of the trip. There you will be greeted by the traveling guide who will accompany you throughout the week, along with the private car that will take you to each transfer in the program. After the welcome and initial introductions, you start the road trip towards Madremanya, about an hour and a half transfer that acts as a smooth and comfortable entry into the trip.

Little by little, leaving behind the airport pace and Barcelona's urban surroundings, the landscape becomes more serene until reaching Madremanya, the small village where the tour truly begins. This first transition is designed for you to enter the experience calmly, with a sense of continuity and the comfort of having all logistics solved from the first moment.

Madremanya then appears as a perfect first pause. This small stone village, quiet and full of charm, invites you to slow down and begin to see things differently. Its narrow streets, old houses create an almost suspended atmosphere, ideal for really landing in the trip. Once settled in the rural hotel, and after a briefing with the guide to describe the week, the afternoon can end with a gentle walk through the village with the pleasure of feeling no need to rush anywhere. The night ends with a welcome dinner with typical local products.

**Accommodation:** Rural hotel in Madremanya

**Meals:** Welcome Dinner

## DAY 2: HISTORIC GIRONA, CATALAN CUISINE AND WELLNESS

The second day takes you to Girona, a city best discovered by walking slowly, letting each stone and corner tell their own story. The morning passes through the streets of the Barri Vell, where centuries of memory overlap in a compact, beautiful and nuanced urban layout. Here it is not just about visiting monuments, but reading the city step by step: an arch, a small square, stone stairs, a narrow street that suddenly reveals another era. The walk through the Jewish Quarter adds one of the day's most intense layers, with its maze-like alleyways and medieval atmosphere so powerful it seems to still hold the echoes of its former inhabitants.

After this heritage immersion, the experience shifts to a more sensory and participatory tone with a private Catalan cooking workshop. It's not just a meal, but a way to enter the territory through the table, understanding ingredients, flavors and gestures which are part of local culture. Cooking, sharing and then sitting down to enjoy what has been prepared gives the day a very special closeness. In the afternoon, the pace softens to complete the visit to Girona more relaxedly and return to Madremanya surroundings. There, the day can close with a quiet walk or additional wellness options, like a private yoga class, perfectly fitting this balance between culture, body and pause that defines the whole trip.

**Accommodation:** Rural hotel in Madremanya

**Meals:** Breakfast and Lunch

### DAY 3: EMPORDÀ VINEYARDS AND CAMÍ DE RONDA IN CALELLA DE PALAFRUGELL

The morning opens amidst vineyard landscapes, clear light, and the subtle identity of Empordà, a region where wine is never understood in isolation but as part of a territory profoundly marked by wind, proximity to the sea and the character of the land. From Madremanya you head to a winery to live a private vineyard and tasting experience, in an environment where every detail refers to the intimate relationship between landscape and culture. Here wine appears not only as a product but as a way to read the territory: vines, tramontana wind, soils and horizon help understand why this stage fits so well within the route. It is an elegant, sensory and calm morning, one that invites to look slowly and enjoy without need for big artifices.

Afterwards, the trip turns to the Costa Brava and completely changes atmosphere. The sea appears in Calella de Palafrugell with the charm of an old fishing village, white houses, small coves and a beauty that still preserves something essential and authentic. Here you walk a section of the Camí de Ronda, not as a long hike but as a scenic experience meant to pause, breathe and contemplate. Among pines, rocks and Mediterranean, the trail reveals natural balconies, subtle changes in light, and the beautiful contrast between inland Empordà and the coast. Returning to Madremanya leaves the feeling of having lived one of the trip's most complete days: wine, landscape, sea and movement in just the right measure.

**Accommodation:** Rural hotel in Madremanya

**Meals:** Breakfast

### DAY 4: DALÍ BETWEEN CADAQUÉS AND CAP DE CREUS

The fourth day delves into one of Catalonia's most unique universes: that of Salvador Dalí and the landscape of Alt Empordà, where art, light and territory seem to form one. The transfer to Cadaqués and Portlligat already has something special, because as you approach, a different atmosphere is imposed, more Mediterranean, more open and at the same time more isolated. Cadaqués preserves a white and luminous beauty that dialogues powerfully with the sea, and Portlligat appears as an intimate, almost suspended corner where it is easily understood why this place was so important to the artist. The visit to the Salvador Dalí House-Museum lets you enter his most personal dimension: the studio, daily life, creative spaces and his very close relationship with the landscape.

In the afternoon, after the visit to Portlligat, a relaxed walk through the streets of Cadaqués is proposed, enjoying its light, maritime corners, and Mediterranean ambiance. Afterwards, there is a short excursion to Cap de Creus, exploring its rocky and wild landscape to reach the lighthouse, an iconic spot with spectacular views of the Mediterranean Sea and the surrounding natural park. This route combines nature, unique panoramas and the sensation of being in a place with great visual power, perfectly connected to Dalí's universe.

Returning to Madremanya for the last night at this base leaves the feeling of having traveled not only a landscape but an entire imagination, and having lived the perfect combination of artistic intimacy, Mediterranean beauty and wild nature.

**Accommodation:** Rural hotel in Madremanya

**Meals:** Breakfast

## DAY 5: VALL DE NÚRIA, THE GREAT MOUNTAIN STAGE

After breakfast, the route leaves the interior of Empordà behind and starts ascending towards Ripollès, announcing a change of landscape and energy that greatly expands the trip. Access to Vall de Núria by rack railway is not just a logistical part of the day but an experience itself: as the train gains height, the environment becomes cleaner, more open and distinctly alpine. Arrival at the valley, surrounded by great mountains and car-free, has something almost ceremonial. Núria appears as a separate space with singular serenity and a sensation of isolation that cuts off usual rhythm and places you in another register of the trip.

Once in the valley, the day opens to a different tempo, more flexible and connected with the group. The sanctuary brings a very strong symbolic and historical dimension, while the landscape lets you live mountain life in a gentle or more active way depending on the moment and level. Here the proposal does not impose, but accompanies: you can opt for gentle walks, panoramic hikes or calm activities around the lake, always within an accessible high mountain experience well integrated. The night at the Vall de Núria hotel makes this stage much deeper than just a passing excursion. Sleeping here, in a car-free setting surrounded by peaks, is one of those experiences remembered for its atmosphere and real disconnection feeling.

**Accommodation: Hotel in Vall de Núria**

**Meals: Breakfast**

## DAY 6: VALL DE NÚRIA, MONTSERRAT AND ENTRY TO BARCELONA

The morning begins with the descent from Vall de Núria by rack railway, leaving behind the valley's stillness and gradually recovering the road towards a new great symbol of the trip: Montserrat. The contrast between both settings is one of this route's great treasures. If Núria has shown you a closed, serene, alpine mountain, Montserrat appears as a much more sculptural and spiritual presence, deeply linked to Catalan identity. Arrival at the monastery introduces a landscape with unmistakable outlines and an atmosphere mixing history, devotion and visual power. The visit to the abbey and basilica lets you enter this symbolic dimension before expanding the experience with the Sant Joan funicular.

From there, the mountain is also experienced on foot. Comfortable and panoramic trails in the Sant Joan and Les Gorres sector allow contemplating the massif from within, discovering the unique combination of rock, emptiness, silence and horizon. It is not a highly technical day but a way to feel Montserrat as a real mountain beyond the icon. Afterwards, the trip resumes the private vehicle and heads to Barcelona, where entering the city acts as an elegant and well-measured closure. After days of villages, coast, art and mountain, arriving at the hotel and free afternoon lets you gradually start getting in touch with the urban vibe without overload, letting the city appear little by little before its great cultural day.

**Accommodation: Hotel in Barcelona**

**Meals: Breakfast**

## DAY 7: GAUDÍ AND HISTORIC BARCELONA

The last full day of the trip opens with two great icons of Barcelona and Catalonia's universal imagery: the Sagrada Família and Park Güell. The morning is dedicated to Gaudí and his unique way of combining architecture, symbolism, nature and emotion. The Sagrada Família impresses not only for its scale but for the aesthetic and spiritual intensity it conveys, while Park Güell offers a more open, landscape and playful reading of his creative universe. Between both visits unfolds a visionary Barcelona, capable of transforming stone, light and form into an almost dreamlike experience. It is a culturally potent morning, designed to close the trip with one of its most recognizable and memorable moments.

In the afternoon, the city changes tone and becomes more historic, intimate and walked. The tour through the Gothic Quarter, the Born area and Santa Maria del Mar surroundings takes you into another Barcelona, where narrow streets, ancient squares and Roman and medieval traces build a narrative completely different from Gaudí's, but equally fascinating. Inside the Born, Santa Maria del Mar provides one of the trip's most beautiful and serene moments, with the harmony of Catalan Gothic and an atmosphere inviting pause. Thus, the day is not limited to gathering great names, but rather summarizes with great coherence Barcelona's complexity: monumental and everyday, brilliant and quiet, universal and deeply Mediterranean.

**Accommodation: Hotel in Barcelona**

**Meals: Breakfast**

## DAY 8: BREAKFAST, CHECK-OUT AND TRANSFER TO THE AIRPORT

The last morning flows with the same care and fluidity logic with which the entire trip started. After breakfast and check-out, the private vehicle takes you to Barcelona airport for your return flight. No abrupt changes or rushed endings: the trip bids farewell maintaining the same serene tone that defined it from day one. This continuity, so important in a private and well-accompanied experience, makes even the departure feel natural and stress-free.

As you leave the city, there is a very clear feeling of having traveled a diverse, richly interconnected Catalonia. In just a few days you will have moved from the medieval interior of Gironès to Empordà's wine country, from Dalí's Costa Brava to Núria's high mountain, from Montserrat to Barcelona's great cultural finale, always with the same thread and never losing comfort or the trip's meaning. More than a sum of visits, the route closes as an experience with its own story, one remembered not only for what is seen but for how it is lived.

**Meals: Breakfast**

***Payment and cancellation policy***

**Initial reservation:** To secure your spot, an initial payment of 30% of the total trip price is required at the time of booking.

**Final payment:** The remaining amount, equivalent to 70% of the total, must be paid no later than 60 days before the departure date.

**Extras:** Additional costs of the trip, such as insurance, flights or other optional services, must be paid in full at the time of booking.

**Cancellation insurance:** The client may purchase trip cancellation insurance to obtain a refund of the full amount paid (according to the policy conditions).

The end user may withdraw from the booked trip, having the right to a refund of the amounts paid, except for the indicated penalties. However, the client must pay the agency the following amounts once the trip is confirmed.

**Cancellation policy 3**

- Full refund within 24 hours after purchase
- Up to 60 days before the trip: 100% refund of the trip price
- Up to 45 days before the trip: 50% refund of the trip price
- For shorter deadlines than those described: no refund will be made.

\*A handling fee of 250 € will be applied

\*If there are other non-refundable expenses already issued, these will also not be returned and will be deducted from the total refundable amount

\*The cancellation cost of already issued flights is 100% of the ticket price.



# FAQs

## **Who is this trip designed for?**

This trip is designed if you seek a private, comfortable and well-accompanied experience, with balance between culture, gastronomy, landscape and gentle activity. It fits especially well for groups of 4 to 6 people wanting to discover Catalonia calmly, deeply and with a high level of comfort.

## **Is it a private or shared trip?**

The proposal is conceived as a private journey throughout the entire week. You will travel with your own group, with the same accompanying guide and private vehicle throughout the route, which allows experiencing the trip continuously, with more flexibility and a much more careful pace.

## **What physical and technical level do I need?**

It is not a technical or especially demanding trip. It is designed for travelers with normal physical condition, able to take urban walks, walk gentle stretches by the sea and enjoy panoramic mountain routes without physical activity being the trip center.

## **Are there hiking activities during the trip?**

Yes, but always within a gentle and accessible approach. The itinerary includes mild activity at several moments, such as walks in Madremanya, urban tour in Girona, a section of the Camí de Ronda, time in Vall de Núria and panoramic trails in Montserrat.

## **How do I get to the trip starting point?**

The starting point is Barcelona-El Prat airport. There, the traveling guide greets you and the transfer begins in a private car to Madremanya, with an approximate one and a half hour trip, designed as a comfortable and hassle-free arrival.

## **What type of accommodation will I have during the route?**

The trip combines different bases with great sense within the itinerary: rural hotel in Madremanya, hotel in Vall de Núria and hotel in Barcelona, in double rooms. An extra charge can be paid for a single room.

## **What meals are included?**

A welcome dinner on the first day, a lunch during the private Catalan cooking workshop in Girona, and breakfasts on the days where expressly indicated.

## **Does it include special gastronomic experiences?**

Yes, gastronomy is an important part of the trip. The proposal includes at least one participatory Catalan cooking experience and a day linked to wine in Empordà, as well as the possibility to manage special reservations to further personalize the route.

## **Can the trip be adapted to our pace or interests?**

Yes, and this is one of its great strengths. Before traveling a video call is planned to refine the itinerary, adjust pace, define preferences and consider extras, so that the program works as a solid but flexible base for each group.

**Will we have the same guide throughout the week?**

Yes. One of this proposal's great values is precisely continuity. From arriving at the airport until the end of the trip, you will have the same traveling guide, which gives coherence to the itinerary and greatly facilitates a smooth and personalized experience.

**Is transport included throughout the entire route?**

Yes, the program is planned with private vehicle throughout the entire experience. This allows comfortably connecting towns, cities, coast, mountains and Barcelona without depending on complex logistical changes, always maintaining a high level of comfort and accompaniment.

**Is it a fixed itinerary or a customizable base proposal?**

It is a very well-designed base proposal, intended as a starting point and not as a rigid program. It can be customized before the trip or during prior preparation, adjusting pace, adding extras like e-bike, yoga or special restaurant bookings, and even increasing the sportive level in some days.

**Can extra activities or experiences be added?**

Yes. Being a private experience with a traveling guide, the trip allows adding proposals that fit your profile and interests. Additional activities, gastronomic experiences, bookings in specific restaurants or wellness proposals can be considered to make the route even more personal and tailored.

**Can a more active or sporty version of the trip be made?**

Yes, always within the logic of the itinerary and adapting it to the group's level. The program base prioritizes a comfortable and balanced format, but the active part can be reinforced by including more hikes, more physically demanding days or complementary proposals for those wanting a more dynamic experience.



# **Contact**

*info@b4experience.com*

*www.b4experience.com*

*+34 613 03 77 00*

